GASTROSCOPY/UPPER ENDOSCOPY PREPARATION

- Please arrive a half hour prior to the scheduled time of your procedure.
- **Do not eat or drink after midnight the night before the procedure.** Your stomach must be completely empty to provide an adequate examination.
- **You must arrange for someone to drive you to and from your procedure.** The procedure will not be performed without a responsible adult (18 years or older) to transport you home. This person must be flexible as the procedure may run longer than expected. You may not drive for the remainder of the day.
- The person driving you must accompany you at check in for confirmation and instructions for pick up.
- Average length of time from registration to discharge is approximately 2 ½ hours.
- Please bring the completed pre-admission form attached to your packet with you to your appointment.
- For any additional questions, please contact the office at 781-952-1261. Operators are available Monday through Friday from 8:30 am – 5:00 pm.

MEDICATION

- If you are on **Coumadin (Warfarin) therapy, Plavix or any other blood thinning medication**, contact the physician that prescribes this medication to discuss special instructions.
- All **arthritis medications** should be stopped 2 days prior to the procedure.
- Stop all **aspirin-containing products** 2 days prior to the procedure. These include Ibuprofin, Advil, Motrin, Naprosyn, Aleve, Indocin, Celebrex, Relafen, Feldene, and Onudis.
- You may use **Tylenol** (acetaminophen) for a pain reliever.
- **Hypertensive, cardiac, and seizure** medications should be taken as usual on the day of the procedure with sips of water; otherwise do not eat or drink after midnight.
- All **oral diabetic** medications (pills) should not be taken the day of the procedure.
- Patients on **insulin** should contact the physician who prescribes the insulin for instructions for day prior to and day of procedure.