

Medical Evaluation Request and Questionnaire for Users of N95 Disposable Respirators

Medical Evaluation Request

1. Today's date _____
2. Your name _____
3. Your age (to nearest year) _____
4. DOB _____ Sex Male Female
5. Your height _____ feet _____ inches
6. Your weight _____ pounds
7. Your job title _____
8. A phone number where you can be reached by the health-care professional who reviews this questionnaire (include area code) _____
9. The best time to phone you at this number _____
10. Check the type of respirator you will use (check all that apply)
 N-, R-, or P-disposable respirator (filter-mask, non-cartridge type only)
 Half face-piece type
 Full face-piece type
 Powered air-purifying respirator (PAPR) – tight-fitting
 PAPR – loose-fitting
 Other type (supplied-air or self-contained breathing apparatus)
11. Have you worn a respirator? Yes No
 If "yes", what types? _____

Yes No

- f. Shortness of breath that interferes with your job
 - g. Coughing that produces phlegm (thick sputum)
 - h. Coughing that wakes you early in the morning
 - i. Coughing that occurs primarily when you are lying down
 - j. Coughing up blood in the last month
 - k. Wheezing
 - l. Wheezing that interferes with your job
 - m. Chest pain when you breathe deeply
 - n. Any other symptoms that you think might be related to lung problems
5. Have you ever had any of the following cardiovascular or heart problems?
- a. Heart attack
 - b. Stroke
 - c. Angina
 - d. Heart failure
 - e. Swelling in your legs or feet) not caused by walking)
 - f. Heart arrhythmia (heart beating irregularly)
 - g. High blood pressure
 - h. Any other heart problem that you have been told about

6. Have you ever had any of the following cardiovascular or heart problems?
- a. Frequent pain or tightness in your chest
 - b. Pain or tightness in your chest during physical activity
 - c. Pain or tightness in your chest that interferes with your job
 - d. In the previous 2 years, have you noticed your heart skipping or missing a beat?
 - e. Heartburn or indigestion that is not related to eating
 - f. Any other symptom that you think might be related to heart or circulation problems

Questionnaire for Users of N95 Respirators

Yes No

1. Do you currently or have you smoked tobacco during the previous month? If "yes"
 - a. At what age did you start smoking? _____
 - b. How long ago did you quit smoking? _____
 - c. How many packs per day did or do you smoke? _____
2. Have you ever had any of the following conditions?
 - a. Seizures
 - b. Diabetes
 - c. Allergic reactions that interfere with your breathing
 - d. Claustrophobia (fear of closed-in places)
 - e. Trouble smelling odors
3. Have you ever had any of the following pulmonary or lung problems?
 - a. Asbestosis
 - b. Asthma
 - c. Chronic bronchitis
 - d. Emphysema
 - e. Pneumonia
 - f. Tuberculosis
 - g. Silicosis
 - h. Pneumothorax (collapsed lung)
 - i. Lung Cancer
 - j. Broken ribs
 - k. Any chest injuries or surgeries
 - l. Any other lung problem that you have been told about
4. Do you currently have any of the following symptoms of pulmonary or lung illness?
 - a. Shortness of breath
 - b. Shortness of breath when walking quickly on level ground or walking up a slight hill or incline
 - c. Shortness of breath when walking with other people at an ordinary pace on level ground
 - d. Have to stop for breath when walking at your own pace on level ground
 - e. Shortness of breath when washing or dressing yourself

7. Do you currently take any medications for any of the following problems?

- a. Breathing or lung problems
- b. Heart trouble
- c. Blood pressure
- d. Seizures

8. If you have used a respirator, have you ever had any of the following problems? (If you have never used a respirator, check here _____ and go to question 9.)

- a. Eye irritation
- b. Skin allergies or rashes
- c. Anxiety
- d. General weakness or fatigue
- e. Any other problem that interferes with your use of a respirator

9. Are you currently taking any medications? If yes, list here

10. Would you like to talk with the health-care professional who will review this questionnaire about your answers to this questionnaire?

Please explain "yes" answers (use back of form if necessary)

For OHS Use Only, to be completed by OHS Clinician

Name: _____

PSEmployeeID: _____

Cleared Without Restrictions for N95 PAPR

Cleared With Restrictions for N95 PAPR

Recommended Frequency of Use (check the appropriate frequency on each line):

0 - 5 Hrs/Week

6 - 20 Hrs/Week

> 20 Hrs/Week

< 30 Minutes/Use At Once

30 - 60 Minutes/Use At Once

> 60 Minutes/Use At Once

Restrictions:

Re-screening Frequency:

1 Year

2 Years

3 Years

4 Years

5 Years

No re-screening necessary unless health changes

Requires PE/PFTs Per Protocol Prior To Clearance Determination (see PE sheet for additional determination)

Not Approved

Pending PCP or Treating Specialist Recommendation: Date of request _____

Pending OHS Physician Review

Smoking Cessation Materials To Be Sent

Check That Employee Is Member Of HAZMAT Team

Comments (Additional History, Status of Physician Recommendation/Review):

OHS Reviewer

Date