

## PATIENT INSTRUCTIONS

APPOINTMENT DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

Brigham and Women's  
**Hospital** Endoscopy Center  
75 Francis Street  
Amory Building, 2nd Floor  
Boston, MA 02115

Brigham and Women's  
**Outpatient** Endoscopy Center  
850 Boylston Street (**Route 9**)  
2nd Floor, Suite 202  
Chestnut Hill, MA 02467

**PLEASE NOTE  
THAT THIS IS IN  
CHESTNUT HILL,  
NOT BOSTON**

***If you need to reschedule your appointment, please call the Endoscopy Center at 617-732-7426.  
If you have any questions regarding the procedure and preparation, please call our Endoscopy Triage  
Nurse at 617-525-6814.***

### YOU ARE SCHEDULED FOR THE FOLLOWING PROCEDURE:

- **BREATH TEST FOR HELICOBACTER PYLORI (H. pylori)**

### PLEASE READ NOW AND FOLLOW THESE INSTRUCTIONS ENTIRELY:

#### Two Weeks Before the Test:

- No antibiotics for two weeks. If you have taken antibiotics within 14 days of your appointment, please call to reschedule your test.
- Do not take Proton Pump Inhibitors (or their generic versions) such as Aciphex<sup>®</sup> (Rabeprazole), Nexium<sup>®</sup> (Esomeprazole), Prevacid<sup>®</sup> (Lansoprazole), Prilosec<sup>®</sup> (Omeprazole), Prilosec OTC<sup>®</sup> (Omeprazole), Protonix<sup>®</sup> (Pantoprazole), or Zegerid<sup>®</sup> (Omeprazole/Sodium Bicarbonate) for 2 weeks prior to the test.
- Do not take bismuth preparations such as Pepto Bismol<sup>®</sup> for 2 weeks prior to the test.
- **IF THIS IS A RECHECK AFTER TREATMENT,** it must be at least 8 weeks since your treatment was completed.

#### One Hour Before the Test:

- Do not eat or drink for 1 hour before the test.