

### **Autonomic Reflex Function Testing (AFT) Medication List**

- The following medications can interfere with certain parts of autonomic reflex testing. Autonomic reflex testing is most accurate if you don't have interfering medications in your blood.
- Please share this list with the provider who ordered the autonomic testing, to discuss if and when to hold your medications, to avoid interfering with the test results.
- If you can hold the medications for only part of the time, not the full time, that is better than not holding them.
- This list is incomplete. Please review your medications with your doctors, who can recognize if one of your medications is similar to the medications listed here.
- Many medications have different names. The names listed here are the generic form, with some common brand names. Please discuss with your doctor if your medication is the same as any of the medications on this list.
- Only hold medications if it is safe to do, and if it advised by your doctor.
- AFTs can still be done while taking medications, so if you are uncertain, or cannot reach your doctor to discuss it, **DO NOT STOP YOUR MEDICATIONS. STOPPING CERTAIN MEDICATIONS SUDDENLY CAN LEAD TO SERIOUS HARM OR DEATH.**
- You can bring your medications to the test and take them when you are done

| Medication                                       | Other names                             | ½ life (hours) | Hold for at least x days                  |
|--------------------------------------------------|-----------------------------------------|----------------|-------------------------------------------|
| <b>Anti-hypertensives (blood pressure pills)</b> |                                         |                |                                           |
| <b><i>Acebutolol</i></b>                         | <i>Sectral</i>                          | 13             | 4 (stop at least 4 days ahead of testing) |
| <b><i>Atenolol</i></b>                           | <i>Tenormin</i>                         | 6-7            | 2                                         |
| <b><i>Bisoprolol</i></b>                         | <i>Zebeta, Concor</i>                   | 10-12          | 4                                         |
| <b><i>Carvedilol</i></b>                         | <i>Coreg</i>                            | 7-10           | 3                                         |
| <b><i>Diltiazem</i></b>                          | <i>Cardizem, Dilacor XR, Cartia XT</i>  | 3-4.5          | 2                                         |
| <b><i>Doxazosin</i></b>                          | <i>Cardura (also for BPH)</i>           | 22             | 7                                         |
| <b><i>Metoprolol</i></b>                         | <i>Lopressor, Metolar XR, Toprol XL</i> | 3-7            | 4                                         |
| <b><i>Propranolol</i></b>                        | <i>Inderal</i>                          | 4-5            | 3                                         |
| <b><i>Amlodipine</i></b>                         | <i>Norvasc, Istin, Norliqva</i>         | 30-50          | 7                                         |
| <b><i>Hydralazine</i></b>                        | <i>Apresoline, BiDil</i>                | 2-8            | 2                                         |
| <b><i>Clonidine</i></b>                          | <i>Catapres, Kapvay, Nexiclon</i>       | 12-16          | 7                                         |
| <b><i>Guanfacine</i></b>                         | <i>Estulic, Intuniv, Tenex</i>          | 10-30          | 7                                         |
| <b><i>Indapamide</i></b>                         | <i>Lozol, Natrilix</i>                  | 14-18          | 7                                         |
| <b><i>Labetalol</i></b>                          | <i>Normodyne, Trandate</i>              | 6-8            | 3                                         |
| <b><i>Metaproterenol</i></b>                     | <i>Alupent, Orciprenaline</i>           | 6              | 3                                         |



|                                                      |                                                      |         |    |
|------------------------------------------------------|------------------------------------------------------|---------|----|
| <b>Methyldopa</b>                                    | <i>Aldomet</i>                                       | 1.5-2   | 2  |
| <b>Nadolol</b>                                       | <i>Corgard</i>                                       | 14-24   | 7  |
| <b>Nifedipine</b>                                    | <i>Adalat, Procardia</i>                             | 2       | 1  |
| <b>Pindolol</b>                                      | <i>Visken</i>                                        | 3-4     | 2  |
| <b>Prazosin</b>                                      | <i>Minipress</i>                                     | 2-3     | 2  |
| <b>Salmeterol</b>                                    | <i>Serevent, Aeromax</i>                             | 5.5     | 3  |
| <b>Sotalol</b>                                       | <i>Betapace</i>                                      | 12      | 5  |
| <b>Terazosin</b>                                     | <i>Hytrin, Zayasel</i>                               | 12      | 7  |
| <b>Verapamil</b>                                     | <i>Isoptin, Calan</i>                                | 3-8     | 4  |
| <b>Anti-depressant + Psychiatric Medications</b>     |                                                      |         |    |
| <b>Amitriptyline</b>                                 | <i>Elavil</i>                                        | 21      | 7  |
| <b>Amphetamine</b>                                   | <i>Adderall, Mydayis</i>                             | 14      | 5  |
| <b>Atomoxetine</b>                                   | <i>Strattera</i>                                     | 4.5-25  | 7  |
| <b>Bupropion</b>                                     | <i>Wellbutrin, Zyban</i>                             | 11-37   | 7  |
| <b>Buspirone</b>                                     | <i>Buspar</i>                                        | 2.5     | 2  |
| <b>Citalopram</b>                                    | <i>Celexa</i>                                        | 35      | 7  |
| <b>Clomipramine</b>                                  | <i>Anafranil, Clomicalm</i>                          | 54-77   | 14 |
| <b>Desipramine</b>                                   | <i>Norpramin, Pertofrane</i>                         | 12-30   | 7  |
| <b>Doxepin</b>                                       | <i>Sinequan, Quitaxon, Adapin, Triadapin, Aponal</i> | 28-31   | 7  |
| <b>Duloxetine</b>                                    | <i>Cymbalta, Ariclaime, Yentreve</i>                 | 12      | 5  |
| <b>Escitalopram</b>                                  | <i>Cipralex, Lexapro</i>                             | 27-32   | 7  |
| <b>Fluoxetine</b>                                    | <i>Prozac, Sarafem</i>                               | 4-6     | 7  |
| <b>Fluvoxamine</b>                                   | <i>Luvox, Faverin</i>                                | 22      | 7  |
| <b>Methylphenidate</b>                               | <i>Concerta, Ritalin</i>                             | 2-3     | 3  |
| <b>Olanzapine</b>                                    | <i>Zyprexa</i>                                       | 33      | 7  |
| <b>Paroxetine</b>                                    | <i>Paxil, Seroxat, Loxamine</i>                      | 21      | 7  |
| <b>Quetiapine</b>                                    | <i>Seroquel, Seroquel XR, Temprolide</i>             | 9-12    | 4  |
| <b>Risperidone</b>                                   | <i>Risperdal, Okedi</i>                              | 20      | 7  |
| <b>Sertraline</b>                                    | <i>Zoloft, Lustral, Setrona</i>                      | 20-32   | 7  |
| <b>Trazodone</b>                                     | <i>Desyrel, Trittico</i>                             | 4-15    | 5  |
| <b>Venlafaxine</b>                                   | <i>Effexor, Efexor, Venbysi XR</i>                   | 11-15   | 5  |
| <b>Anticholinergic and antihistamine medications</b> |                                                      |         |    |
| <b>Azatadine</b>                                     | <i>Optimine</i>                                      | 9       | 3  |
| <b>Benzotropine</b>                                  | <i>Cogentin</i>                                      | 12-24   | 7  |
| <b>Brompheniramine</b>                               | <i>Dimetapp</i>                                      | 15 - 34 | 7  |

|                               |                                        |           |   |
|-------------------------------|----------------------------------------|-----------|---|
| <b>Cetirizine</b>             | <i>Allacan, Piriteze, Zyrtec</i>       | 6.5-10    | 5 |
| <b>Cyproheptadine</b>         | <i>Periactin</i>                       | 9         | 4 |
| <b>Dicyclomine</b>            | <i>Byclomine, Bentyl, Dibent</i>       | 5         | 3 |
| <b>Diphenhydramine</b>        | <i>Benadryl, Unisom, Nytol</i>         | 2.4-13.5  | 5 |
| <b>Glycopyrrolate</b>         | <i>Robinul, Cuvposa, Seebri</i>        | 0.6-1.2   | 3 |
| <b>Hydroxyzine</b>            | <i>Atarax, Vistaril</i>                | 20-29     | 7 |
| <b>Hyoscyamine</b>            | <i>Anaspaz, Levid, Levsin, Daturin</i> | 3-5       | 4 |
| <b>Ipratropium bromide</b>    | <i>Atrovent</i>                        | 2         | 1 |
| <b>Loratadine</b>             | <i>Claritin</i>                        | 27        | 7 |
| <b>Meclizine</b>              | <i>Bonine, Antivert</i>                | 6         | 3 |
| <b>Olopatadine HCl</b>        | <i>Patanol, Pataday, Opatanol</i>      | 2         | 1 |
| <b>Oxybutynin</b>             | <i>Ditropan</i>                        | 12.4-13.4 | 7 |
| <b>Promethazine</b>           | <i>Phenergan</i>                       | 10-19     | 7 |
| <b>Scopolamine</b>            | <i>Transdermscop, Kwells</i>           | 4.5       | 7 |
| <b>Tolterodine</b>            | <i>Detrol, Detrusitol</i>              | 2-4       | 4 |
| <b>Trihexyphenidyl</b>        | <i>Artane</i>                          | 3-4       | 3 |
| <b>Other Medications</b>      |                                        |           |   |
| <b>Albuterol</b>              | <i>Ventolin, Proventil, ProAir</i>     | < 30 min  | 1 |
| <b>Amantadine</b>             | <i>Gocovri, Symadine, Symmetrel</i>    | 10-31     | 5 |
| <b>Aminophylline</b>          |                                        | 7-9       | 3 |
| <b>Caffeine</b>               | <i>Included in Excedrin</i>            | 3-7       | 1 |
| <b>Cimetidine</b>             | <i>Tagamet</i>                         | 2         | 1 |
| <b>Cisapride</b>              | <i>Prepulsid, Propulsid</i>            | 10        | 3 |
| <b>Cyclobenzaprine</b>        | <i>Flexeril</i>                        | 32        | 7 |
| <b>Dextromethorphan</b>       | <i>Robitussin, Delsym</i>              | 2-4       | 2 |
| <b>Diazoxide</b>              | <i>Proglycem, Balila</i>               | 21-45     | 7 |
| <b>Famotidine</b>             | <i>Pepcid, Zantac</i>                  | 2.5-3.5   | 3 |
| <b>Fexofenadine</b>           | <i>Allegra</i>                         | 14.4      | 4 |
| <b>Fludrocortisone</b>        | <i>Florinef, Astonin, Astonin-H</i>    | 3.5       | 1 |
| <b>Isosorbide mononitrate</b> | <i>Monoket, Imdur</i>                  | 5         | 4 |
| <b>Ivabradine</b>             | <i>Corlanor, Procoralan</i>            |           | 3 |
| <b>Loperamide</b>             | <i>Imodium</i>                         | 9-14      | 5 |
| <b>Metoclopramide</b>         | <i>Primperan, Reglan</i>               | 5-6       | 3 |
| <b>Midodrine</b>              | <i>Amatine, Proamatine, Gutron</i>     | 3-4       | 2 |

|                         |                                       |         |     |
|-------------------------|---------------------------------------|---------|-----|
| <b>Mirabegron</b>       | <i>Myrbetriq, Betanis, Betmiga</i>    | 50      | 14  |
| <b>Nizatidine</b>       | <i>Axid</i>                           | 1-2     | 1   |
| <b>Ondansetron</b>      | <i>Zofran, Atossa</i>                 | 5.7     | 2   |
| <b>Orphenadrine</b>     |                                       | 13-20   | 7   |
| <b>Pentoxifylline</b>   | <i>Trental</i>                        | 1-1.6   | 1   |
| <b>Phentolamine</b>     | <i>Regitine, Oraverse</i>             | 20 min  | 1   |
| <b>Phenylephrine</b>    | <i>Neo-synephrine</i>                 | 2.1-3.4 | 1   |
| <b>Pilocarpine</b>      | <i>Isopto Carpine, Salagen, Vuity</i> | 1.35    | 1   |
| <b>Pramipexole</b>      | <i>Mirapex</i>                        | 8-12    | 4   |
| <b>Prochlorperazine</b> | <i>Compazine, Stemetil</i>            | 4-8     | 3   |
| <b>Pseudoephedrine</b>  | <i>Afrinol, Sudafed, Sinutab</i>      | 4-8     | 3   |
| <b>Pyridostigmine</b>   | <i>Mestinon</i>                       | 2       | 1   |
| <b>Tamsulosin</b>       | <i>Flomax</i>                         | 9-13    | 5-7 |
| <b>Terbutaline</b>      | <i>Bricanyl, Marex</i>                | 11-15   | 5-7 |
| <b>Theophylline</b>     | <i>Theolair, Slo-Bid</i>              | 5-8     | 3   |