



**BRIGHAM UROGYNECOLOGY GROUP
POST-PROCEDURE INSTRUCTIONS AFTER
CYSTOSCOPIC EXAM**

This is a guide to use following your procedure.

For the next 24-48 hours:

1. It is important to increase the amount of liquids you drink. Try to drink at least 6-8 eight-ounce glasses per day unless you are to limit fluids for other medical problems. Water is best.
2. It is important to try to completely empty your bladder each time you urinate (pass your water). Do not rush in and out of the bathroom. If you feel you are not emptying your bladder completely, lean forward and give an extra push every time you go to the bathroom.
3. It is common for your urine to be pink in color and/or for you to see small flecks of blood.
4. Slight discomfort (burning with urination) can sometimes occur. Acetaminophen (Tylenol) 325 mg, one to two tablets every 6 hours, or ibuprofen (e.g. Advil) 200 mg, one to two tablets every 6 hours should relieve the pain.
5. A prescription for an antibiotic may be given to you. It is important that you take this medicine as directed by your urogynecologist to prevent any infections.

WHEN TO CALL THE DOCTOR OR NURSES

- Bright red bleeding with urination
- Chills or fever above 100.4°F or 38°C
- Inability to urinate
- Pain not relieved by Tylenol or ibuprofen

If you have any questions or concerns call us, the Brigham Urogynecology Group at (617) 732-4838.