



Cardiovascular/Pulmonary Practice Pattern

| BID | QD | QOD/TIW | BIW | QW |
|--|--|--|--|---|
| <p><u>Endurance:</u></p> <ul style="list-style-type: none"> No criteria for BID endurance training have been identified for the Cardiovascular/ Pulmonary Practice Pattern in the acute setting. | <ul style="list-style-type: none"> Patient presenting with alterations in cardiac or pulmonary status, such that the potential exists for daily endurance progression and improvement of endurance, without signs and symptoms of distress in response to increased workload. Patient presenting with alterations in cardiac or pulmonary status, such that response to increased workload is variable and inconsistent, requiring daily monitoring to ensure safe activity progression. | <ul style="list-style-type: none"> Patient presenting with alterations in cardiac or pulmonary status. Patient requires daily repetition of current program, which can be safely and effectively carried out by caregiver, before progression can be made by physical therapist. Patient requires follow-up by skilled physical therapist TIW to reassess and progress endurance program. | <ul style="list-style-type: none"> Patient presenting with alterations in cardiac or pulmonary status. Patient requires daily repetition of current program, which can be safely and effectively carried out by caregiver, before progression can be made by physical therapist. Patient requires follow-up by skilled physical therapist BIW to reassess and progress endurance program. | <ul style="list-style-type: none"> Patient with long term, chronic cardiovascular or/and pulmonary dysfunction, presenting as independent with conditioning program. Patient requires follow-up on a weekly basis to monitor for change in status and reassess as indicated. Patient has achieved maximal gains with endurance program, though continues to present with potential for decline in status. Patient is seen weekly to monitor for change in status and reassess as indicated. |