### Integumentary Practice Pattern

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<tr>
<th>BID</th>
<th>QD</th>
<th>QOD/TIW</th>
<th>BIW</th>
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#### Integumentary Integrity:
- Patient with copious amounts of drainage/exudate, and/or significant amounts of devitalized tissue, requiring BID intervention.
- Patient with moderate amounts of drainage/exudate, and/or moderate amounts of devitalized tissue, requiring QD intervention.
- Patient requiring physical therapy intervention for scar and edema management, until such time as patient/caregiver demonstrates independence and proficiency with techniques.
- Patient with a minimal amount of drainage/exudate, and/or a minimal amount of devitalized tissue, requiring TIW intervention.
- Patient requiring skilled intervention for scar and edema management. Patient/caregiver is independent and compliant with program, making measurable gains in tissue management. Patient requires TIW skilled follow-up to reassess and progress tissue management program.
- Patient with a scant amount of drainage/exudate, and/or a scant amount of devitalized tissue, requiring BIW intervention.
- Patient requiring skilled intervention for scar and edema management. Patient/caregiver is independent and compliant with program, making measurable gains in tissue management. Patient requires BIW skilled follow-up to reassess and progress tissue management program.
- Patient/caregiver proficient and compliant with edema control and/or scar management techniques and devices, seen weekly to monitor for continued efficacy and reassess as indicated.

#### ROM/Joint mobility:
- Patient in the acute stages of tissue healing, presenting with a known history of joint stiffening and/or formation of adhesions.
- Patient in the acute stages of tissue healing, who is making expected daily gains in ROM/joint mobility. Patient requires QD skilled intervention to retain progress between interventions.
- Patient requiring skilled intervention for scar and edema management. Patient/caregiver is independent and compliant with program, making measurable gains in tissue management. Patient requires TIW skilled follow-up to reassess and progress tissue management program.
- Patient presenting with ROM/joint mobility restrictions. Patient/caregiver is independent and compliant with current ROM program and patient is demonstrating measurable gains in ROM between interventions. Patient requires BIW skilled intervention.
- Patient/caregiver has achieved independence/maximal gains with ROM program, seen weekly to ensure compliance and progression with program. Patient presents with the potential for a decline in ROM, and is therefore monitored weekly for change in status and reassessment.

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### ROM/Joint mobility (con’t):

- Patient unable to tolerate complete session such that critical goals of that day’s intervention are unable to be met, therefore two or more interventions are warranted.

- Patient in the acute stages of tissue healing, presenting with ROM impairments and an inability to retain a significant amount of ROM achieved between QD interventions. This patient requires increased intensity of treatment to achieve goals within expected time frame.

- Patient with complicated orthotic needs, critical to ensure integrity of integument, requiring BID intervention until such time as optimal fit has been achieved.

- Patient admitted with underlying condition different from admitting diagnosis, such that admitting diagnosis prevents patient from carrying out baseline ROM/joint mobility program without skilled intervention. Patient requires QD skilled intervention to retain progress between interventions.

- Patient requires bracing/splinting to protect integument. Initial and optimal fitting achievable with QD intervention.

- Once orthotic fitting is achieved, patient/caregiver requires QD intervention to achieve independence with brace management.

- Patient requires TIW skilled follow-up to reassess and progress ROM program.

- Patient admitted with underlying condition different from admitting diagnosis, where admitting diagnosis prevents patient from carrying out baseline ROM/joint mobility program. Patient/caregiver is independent and compliant with a portion of ROM program, making measurable gains in ROM/joint mobility. Patient requires TIW skilled follow-up to reassess and progress ROM program.

- Patient with well fitting orthotic, presenting with the potential for a change in fit due to underlying medical/surgical conditions, thereby necessitating periodic readjustment.

- No criteria for regular weekly intervention have been identified. This is with the understanding that patient with consistently well fitting orthotic, where the likelihood of change in fit is minimal. Also, patient/caregiver are independent with orthotic management. PT will be reconsulted in the event of change in status.
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#### Gait/Locomotion:

- **Patient requires physical therapy intervention to optimize functional mobility.** Patient presents with potential to meet goals within two interventions, and only criteria for discharge from hospital is achievement of physical therapy goals.

- **Patient presents with impaired functional mobility, making significant daily gains toward achieving maximal functional independence.** Patient presents with impaired functional mobility, making significant daily gains toward achieving maximal functional independence. Patient requires QD skilled intervention to retain progress and gains between interventions.

- **Patient with established mobility program that can be safely and effectively carried out by caregiver.** Patient with established mobility program that can be safely and effectively carried out by caregiver. Patient requires daily repetition of current program before progression can be made by physical therapist. Patient requires follow-up by skilled physical therapist TIW to reassess and progress mobility program.

- **Patient with established mobility program that can be safely and effectively carried out by caregiver.** Patient with established mobility program that can be safely and effectively carried out by caregiver. Patient requires follow-up by skilled physical therapist BIW to reassess and progress mobility program.

- **Patient/caregiver has achieved independence/maximal gains with mobility program, seen weekly to ensure compliance and progression with program.** Patient presents with the potential for a decline in mobility, and is therefore monitored weekly for change in status and reassessment as indicated.

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