

# Welcome to the Neonatal Intensive Care Unit at Brigham and Women's Hospital



Dear Family,

We are honored that you have chosen to entrust your baby's care with us. Your baby may have been born premature, or may need extra help for other reasons. The Neonatal Intensive Care Unit (NICU) can be an overwhelming place for families. We are here to help you through this experience, which may be difficult or challenging at times. Your newborn will receive individualized, specialty care from a dedicated NICU team that will help your baby grow and thrive while they are in the hospital.

The purpose of this book is to inform you about important aspects of your baby's medical and developmental care, and empower you with tools to help your baby learn, grow, and develop to the best of his or her potential.

We believe that parents are the most important people in their baby's life and care, and your presence is essential to their development. Please ask any of your baby's care providers for advice, clarification, or more information along the way. We are here to partner with you and support you in this important journey.

Your NICU Care Team

For more information, please visit:  
[www.brighamandwomens.org/newbornmedicine](http://www.brighamandwomens.org/newbornmedicine)

