Guidelines for Nutrition Feeding Regimen for Discharge

**HIGH NUTRITION RISK:**
- Known nutrition deficits
- >14 days of parenteral nutrition
- Documented sub-optimal growth trajectory
  - <2 kg at discharge
- Steroid and/or diuretic course
- Metabolic bone disease
  - MRI findings*
  - White matter injury
  - Increased extra-axial space

MOB still pumping

**Significant frozen milk available**

Per review with Nutrition and Lactation:

3-4 feeds/day of Fortified or Enriched MM 25 or Preterm Formula

**Minimal - No frozen milk available**

Mother's Milk availability

**MOB no longer pumping**

**Significant frozen milk available**

Per review with Nutrition:

\[ \geq 3-4 \text{ feeds/day of Preterm formula or Transitional Formula} \]

**Minimal - No frozen milk available**

Per review with Nutrition:

<1.9-2 kg at discharge:
- Preterm Formula

\[ \geq 2 \text{ kg at discharge: Transitional Formula} \]

Follow up with outpatient Nutrition by 3-6 weeks post-discharge and adjust feedings PRN depending on growth trajectory

*In the case of MRI findings listed, but in the absence of other high nutrition risk factors, infant may require alternate unique feeding regimen

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BWH Department of Nutrition