# **Neonatal Nutrition Discharge Summary**

### **Impression**

\*\*\* (MRN# @MRN@) is a former @GAB@ \*\*\* infant, now @DOL@, @CGA@ PMA. NICU course significant for \*\*\*. Patient is seen for anthropometric reassessment and review of nutrition care plan prior to anticipated discharge home \*\*\*.

Birth Weight as plotted on \*\*\*

Weight: @FLOW(14:FIRST:1)@	@FLOW(32688:FIRST:1)@ %
	Z-score: ***

Current Anthropometrics as plotted on \*\*\*

Weight: @FLOW(14::1)@	Percentile: *** %
	Z-score: ***
Length: @FLOW(11::1)@	Percentile: *** %
Head circumference: @FLOW(	16::1)@ Percentile: *** %

## **Anthropometrics Assessment**

Please refer to growth chart.

Weight change: @FLOW(304140389::1)@

Weight z-Score change from birth to discharge: \*\*\*

Weight z-Score change from birth to 40 weeks PMA (Olsen): \*\*\*

Weight z-Score change from 40 weeks PMA to discharge (WHO): \*\*\*

Length change: @FLOW(304140390::1)@

Head circumference change: @FLOW(304140391::1)@

## **Discharge Nutrition Plan**

Discharge feeding plan below as discussed with medical, nursing and allied health teams:

#### FEEDS/RECIPES:

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#### VITAMIN AND MINERAL SUPPLEMENTATION:

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# GROWTH MONITORING TARGETS: Goal weight gain: 25-35 g/day x7 days

Goal length gain: 0.8-0.9 cm/week

Goal head circumference gain: 0.4-0.5 cm/week

## FOLLOW UP:

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