

GOING HOME

Newborn bottle nipples

- In the NICU, your baby has been feeding with a newborn slow flow bottle nipple (Dr Brown's 'Newborn' nipple).
- Slower flowing bottle nipples can be helpful when infants are learning to coordinate sucking, swallowing, and breathing.
- Going home, we believe that your baby would still benefit from using this slow flow/ newborn bottle nipple.
- We have provided you with some to take with you.
- We suggest that you continue to use these slow flow/ newborn nipples for at least a week, and talk with your baby's PCP before changing.
- The next level up from a Newborn nipple is a Level 1 nipple.
- If you try a Level 1 nipple and your baby appears just as comfortable as when using a Newborn nipple, then they may be ready to move to this next level.
- If your baby struggles with a Level 1 nipple (e.g. coughing, gulping, milk spillage, stressed appearance, frequent breaks to catch breath), it is ok for them to stay using a Newborn nipple as long as they need.
- If needed, you can purchase additional Newborn nipples from the manufacturer (www.drbrownsbaby.com) or online (e.g. www.Amazon.com).
- Once your baby is able to manage with a Level 1 nipple, you can use any brand of bottles and nipples you prefer (just check that the packaging says Level 1 or slow).

Bottle nipples (in increasing order of flow):

FLOW RATE	NAMES	EXAMPLES
Ultra slow flow	Ultra preemie nipple	Dr Brown's ULTRA Preemie nipple
Very slow flow	Preemie nipple	Dr Brown's Preemie nipple
Slow flow	Newborn nipple	Dr Brown's Newborn nipple
Slow flow	Level 1 bottle nipple	Green ring disposable nipple; nipples marked Level 1, slow, or newborn
Fast flow	Level 2-3 nipples	White and yellow ring disposable nipples; nipples marked medium, standard flow, or 3-6mths

Note: Ultra Preemie and Preemie nipples must be used with the Dr Brown's bottle and vent system.

Newborn, Level 1, 2, and 3 nipples can be used without a vent.