BWH NICU Consults for Women who Test Positive for SARS-CoV-2 (COVID)

- A NICU consult should be performed for all women, COVID+ or not, whose babies meet criteria for NICU admission: < 36 weeks, < 2000g, prenatally diagnosed congenital anomalies, and/or other clinical issues.

- For babies who do not meet this criteria, the NICU team is happy to provide a consult if it is felt to be helpful to the family. This consult should not occur universally as we have learned that for some families coping with COVID, these conversations with the NICU team can create more anxiety prior to birth.
  - We ask that these be provider to provider consult via the NICU Birth and Transition Team: 617-732-5420.

- Current recommendations encourage families to room-in with their babies throughout the postpartum hospitalization as long as both mother and baby are well, and to breastfeed/provide breastmilk.
  - Educational information for women who are COVID+ is available here (inset link) and should be communicated with the patient by all members of the care team.

- Women who test positive for COVID at the time of labor and birth whose babies are admitted to the NICU must follow the MGB/BWH visitation policy below, which is based on the recommendations of the American Academy of Pediatrics and the CDC:
  - Passage of at least 10 days since the first positive test (AND)
  - Passage of at least 1 day (24 hours) since resolution of fever without the use of fever-reducing medication (AND)
  - Resolution of COVID-related symptoms (or return to previous baseline)