

Brigham and Women's Hospital NICU COVID-19 Visiting

Revision: December 17, 2020

- **Birth mothers who test positive for COVID-19 at the time of labor and delivery, regardless of asymptomatic or symptomatic status**, must follow the visitation policy below, which is based on the recommendations of the American Academy of Pediatrics and the Center for Disease Control for Neonatal Intensive Care Units:
 - **Passage of at least 10 days since the first positive test** (and)
 - **Passage of at least 1 day (24 hours) since resolution of fever without the use of fever-reducing medications** (and)
 - **Resolution of COVID-related symptoms** (or return to previous baseline for 24 hours)
- The visitation requirements are the same for household members or other close contacts of the mother.
- If the parents wish, they may designate **one** (1) healthy, asymptomatic support person who they have had NO exposure to in the past 10 days to visit their infant during the defined separation period. After being identified and approved, the support person will be given a “baby band” and will complete the daily health attestation per BWH visitor policy. Once the separation period is complete and the parents remain asymptomatic, the band will be removed from the designee and reapplied to the parents per NICU safety protocol.
- Virtual visits between the mother, infant, and others will be arranged by the staff caring for the infant to facilitate bonding opportunities during separation.
- If desired, moms are encouraged to pump breast milk to be provided to the infant and can be arranged to be obtained by staff at 75 Francis St Main lobby.
- All discharge education will be completed virtually with the infant's caregivers if the infant is deemed ready for discharge prior to the 10 day time frame with additional education to families regarding infection control prevention strategies for the transition to home.