



Brigham and Women's Hospital
Founding Member, Mass General Brigham

BRIGHAM AND WOMEN'S HOSPITAL

ADULT OUTPATIENT PSYCHIATRY
ADVANCED PRACTICUM TRAINING PROGRAM

2022-2023

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<https://www.brighamandwomens.org/psychiatry>



Training Overview

The psychology advanced practicum training program within Brigham Psychiatric Specialties (BPS) at Brigham and Women's Hospital (BWH) is designed to provide 3rd or 4th year doctoral students in psychology with an enriching 9-month (September through May) placement to develop expertise in psychological treatment within hospital-based outpatient psychiatry services. The program is for advanced practicum students who can commit to a 3 or 4-day training schedule for a total commitment of 20-24 hours each week.

Within the BPS outpatient psychiatry service, practicum trainees will provide individual psychotherapy to a wide range of diagnostically diverse patients. All individual therapy patients will first be seen for an intake evaluation to determine their psychotherapy needs within the clinic. All psychotherapy cases are referred internally within the BPS clinic from existing providers.

Practicum trainees' activities in training will include provision of individual psychotherapy to approximately 6-8 patients per week, membership on an interdisciplinary treatment team, weekly supervision, and opportunities to attend Psychiatry Grand Rounds at BWH. Opportunities to develop, recruit for and co-lead psychotherapy groups with faculty or other trainees are also available. Both clinics provide treatment from a variety of modalities, including (but not limited to)

Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy, Exposure and Response Prevention, Dialectical Behavioral Therapy, and mindfulness-based treatments. Trainees can expect that there will be an emphasis within case conceptualizations, delivery of interventions, and discussions in supervision that are culturally-based and responsive.

BWH's Department of Psychiatry is highly invested in the provision of education across disciplines and psychology practicum students gain expertise in an interprofessional setting alongside psychiatrists, psychiatry residents, clinical social workers, social work interns, and medical students.

For 2022-2023, BWH will provide training for one psychology practicum student. Additionally, there are psychology trainees including advanced practicum and psychology interns within our hospital setting at both Brigham and Women's Hospital and Brigham and Women's Faulkner Hospital.

Settings

The BPS outpatient clinic at 221 Longwood Avenue, Boston is within a historic healthcare building previously known as the Boston Lying-In Hospital, one of the first maternity hospitals in the United States in 1832. Following mergers with other various hospitals in the Longwood Medical Area in 1980, it became part of Brigham and Women's Hospital. Today, the BPS outpatient clinic is set in a modern and updated facility that was completely renovated in 2018. The facility includes a workroom with a bank of computers for trainee use as well as individual clinical meeting rooms that are reserved for clinical care. Gathering spaces for professional meetings and nourishment are included.

Supervision

Primary supervision is provided by licensed clinical psychologists including within the BPS. Practicum students will be offered two weekly individual supervision hours by the faculty and one weekly individual supervision provided by a predoctoral psychology intern. The intern receives supervision of supervision by faculty psychologists. In addition, group supervision may be integrated into the supervision plan as indicated.

Interdisciplinary Case Consultation Series

Practicum students attend, and may present as indicated with their treatment teams, to external case consultants within the inpatient psychiatry unit and provide case consultation regarding the care of current patients on the unit. These 1-1.5 hour sessions on Tuesday afternoons are designed to provide training for trainees to learn case presentation skills, solicit answers to case consultation questions, and complement care provided on the unit. Typically, the inpatient primary therapist presents the case to the expert consultant and the session includes an in vivo interview with the patient and case consultation audience prior to a case discussion.

Additional Training Opportunities

BWH provides many additional training opportunities for psychology students.

- A weekly Grand Rounds program is offered by Brigham and Women's Hospital Department of Psychiatry on Thursdays at 12pm.
- BWH also provides a monthly Schwartz Rounds to discuss cases of the care of individuals in the hospital from a humanitarian perspective, which typically occur on the 3rd Wednesday at 12pm. Practicum students are welcome to attend these events.
- The Psychiatry Justice, Equity, Diversity and Inclusion (JEDI) Committee meets on a monthly basis and welcomes trainees to participate in this community including in leadership roles depending on the interest of the student. The Committee meets monthly on Fridays at 12pm.

COVID-19 Training Modifications

The training program has undergone important modifications given the COVID-19 pandemic to address the protection of the practicum students, hospital staff and patients across the hospital. These modifications have been adjusted over time to meet the requirements of Brigham and Women's Hospital and the Mass General Brigham (MGB) enterprise. It is unclear what modifications

will need to be in place at the start of training in September 2022 although it is known that all interviews for the next training year will be held virtually.

At this time, modifications to the training program have included revising all training experiences for practicum students to be virtual including clinical care, interdisciplinary team meetings, supervision, seminars, etc. Virtual services include encrypted institutional Zoom individual and group psychotherapy sessions. On-site clinical training opportunities are available and have been arranged for virtual care services.

Application

Interested doctoral students and faculty are encouraged to contact Dr. Christopher AhnAllen to discuss questions about the training program. Applications for the 2022-2023 training year are due by on January 10th, 2021 per the Massachusetts Practicum Training Collaborative guidelines.

Interested psychology graduate students should submit the following:

1. Cover letter
2. Curriculum Vitae
3. 3 Letters of reference (References should include at least one from an academic source and one from a clinical supervisor)

Complete applications should be sent via email to:

Christopher AhnAllen, Ph.D.

cahnallen@bwh.harvard.edu