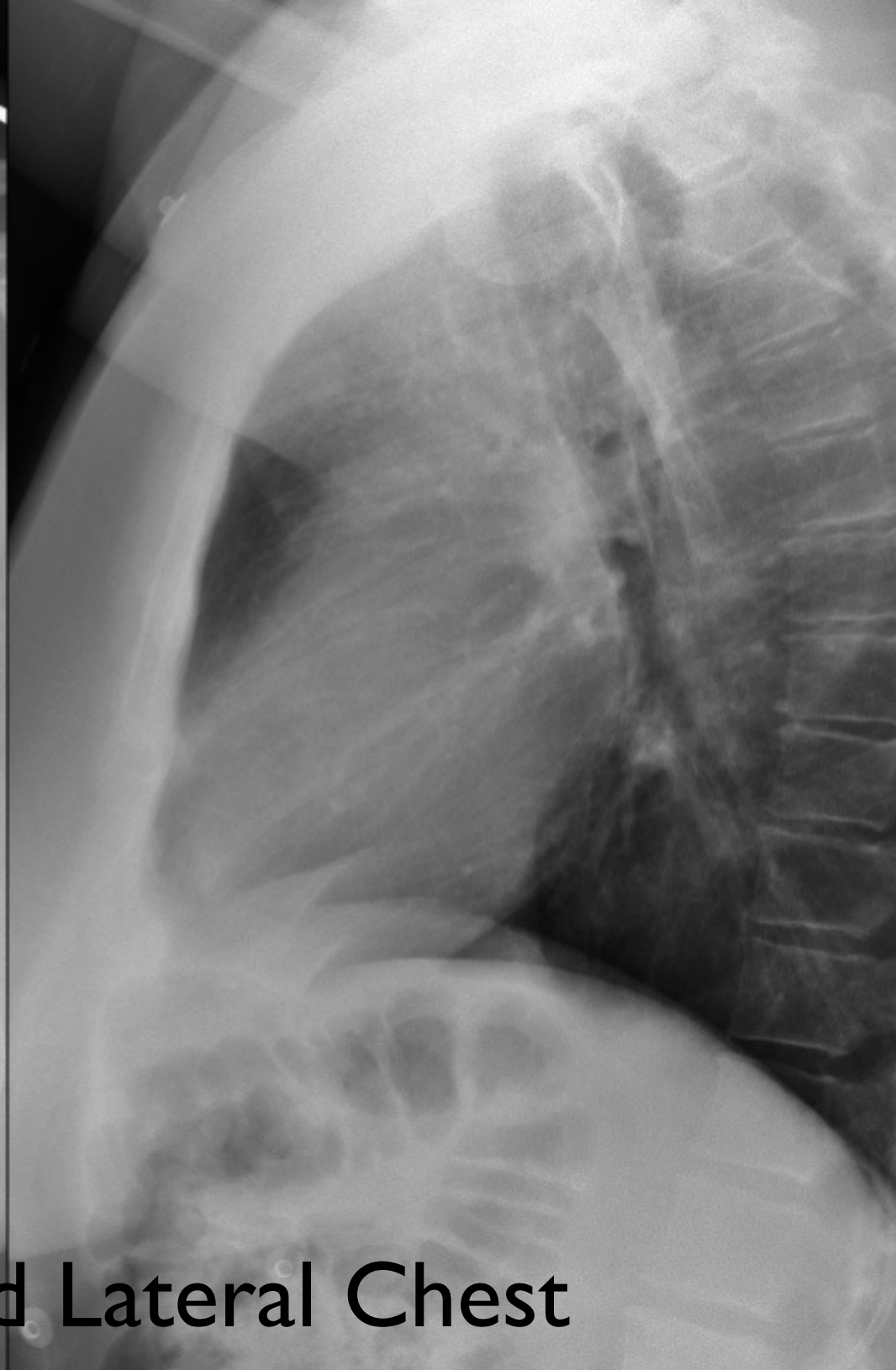


# *Rad Lab 2: Chest and Cardiovascular Unknowns*

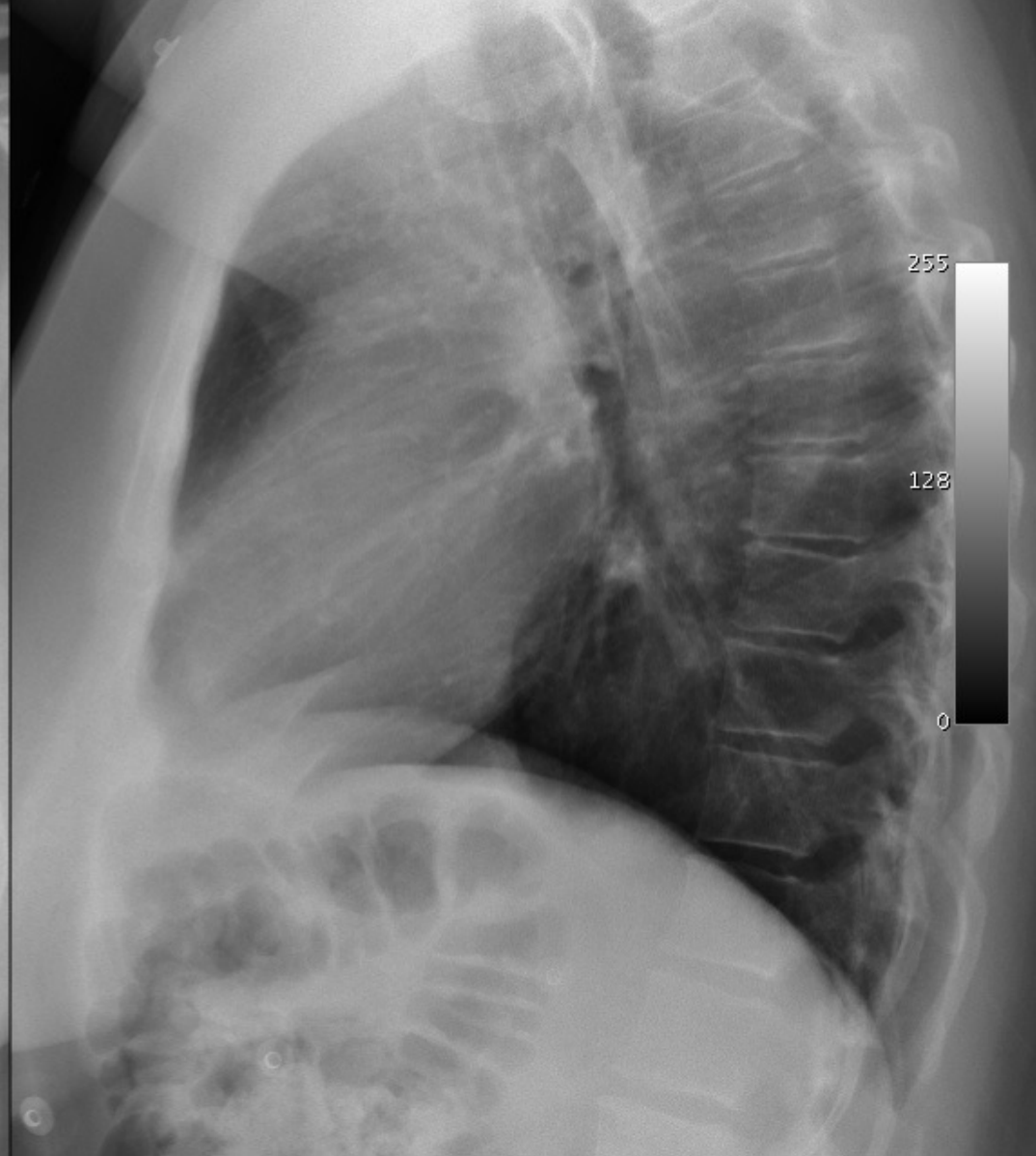
Peter Clarke, MD, Don Di Salvo, MD  
and Angela Giardino, MD  
Harvard Medical School  
Brigham and Women's Hospital  
Dana Farber Cancer Institute

# Goals

- Acquire an approach to chest interpretation
- Identify normal heart size, chamber enlargement, mediastinal anatomy
- Diagnose a few common chest abnormalities



Normal PA and Lateral Chest



- cardiothoracic ratio?
- borders of atria and ventricles?
  - aortic knob?
- pulmonary arteries?



- What are those round opacities with central rings?
- Are they in the lungs?

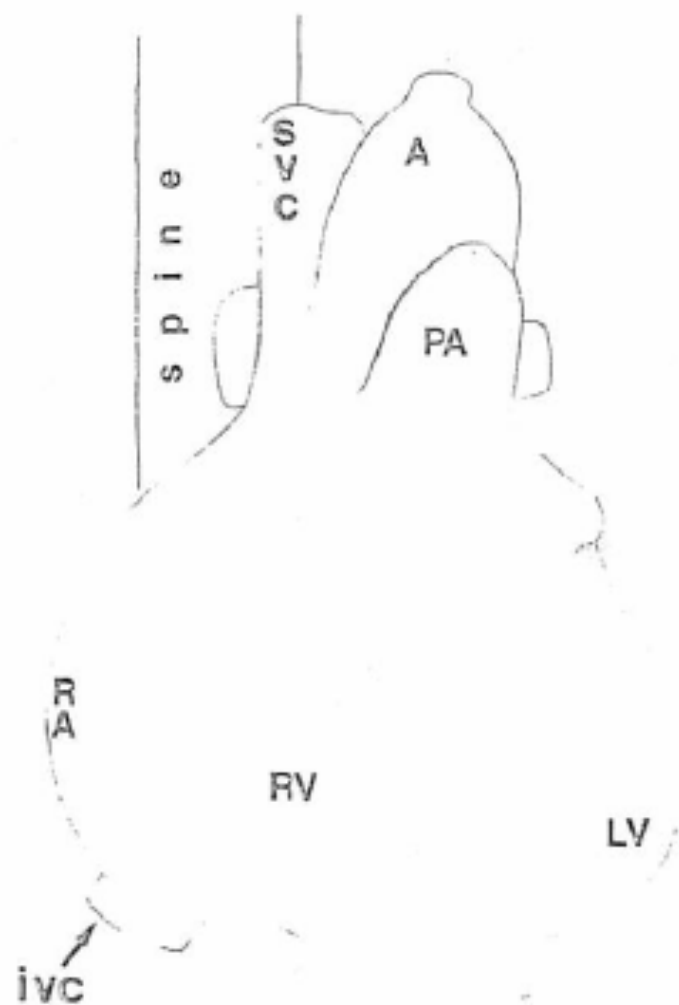


Figure 10-22B. Surface of the heart as it would appear on a routine frontal chest film.

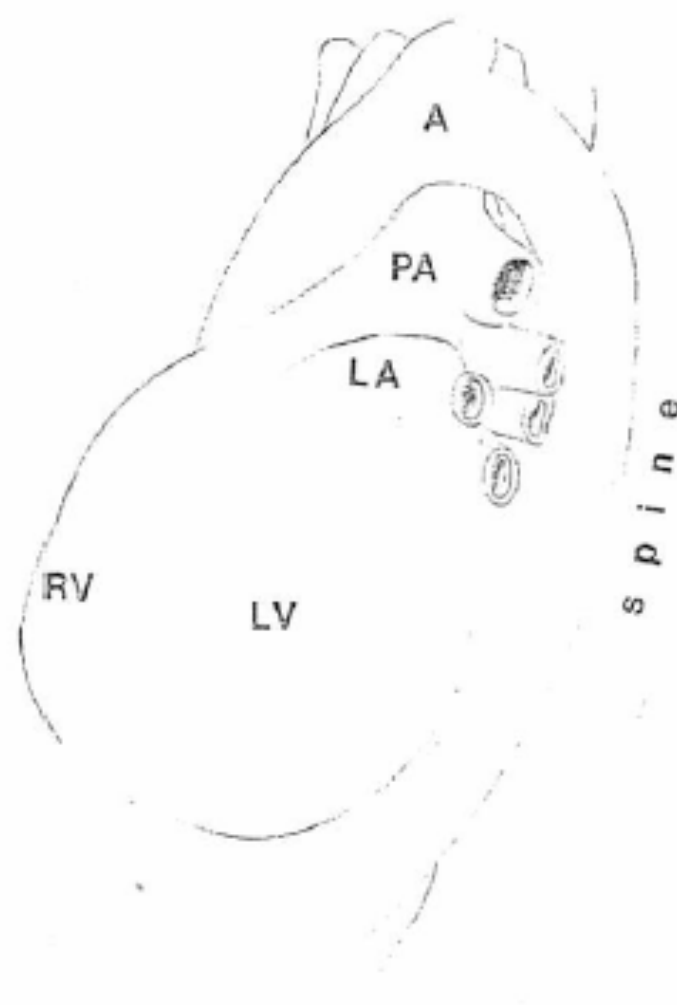


Figure 10-22C. Orientation of the heart for a left anterior oblique view. Figures 10-25 and 10-26 (*below*) show you how the patient is oriented with the left anterolateral surface of the chest closest to the cassette.

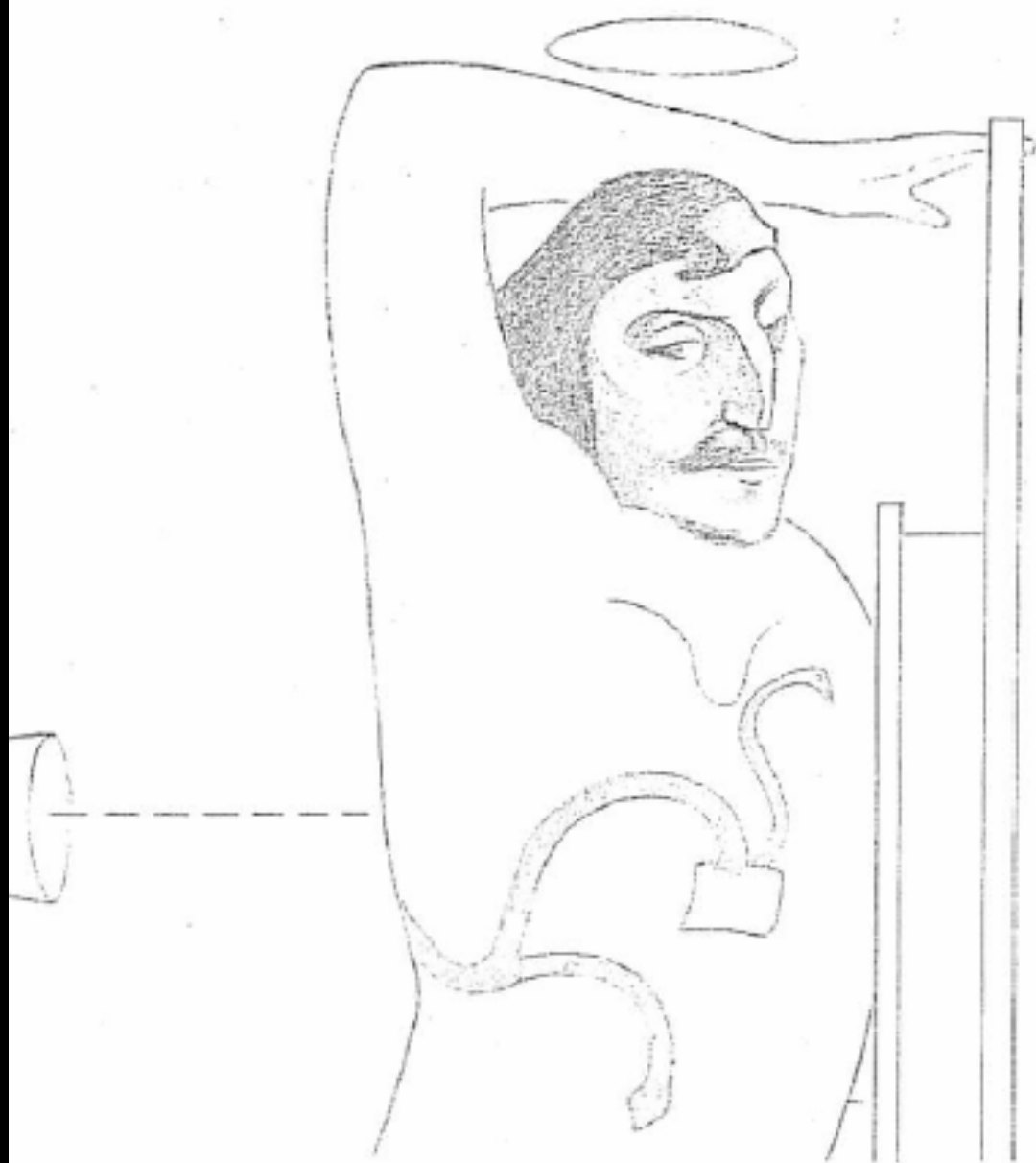


Figure 10-25

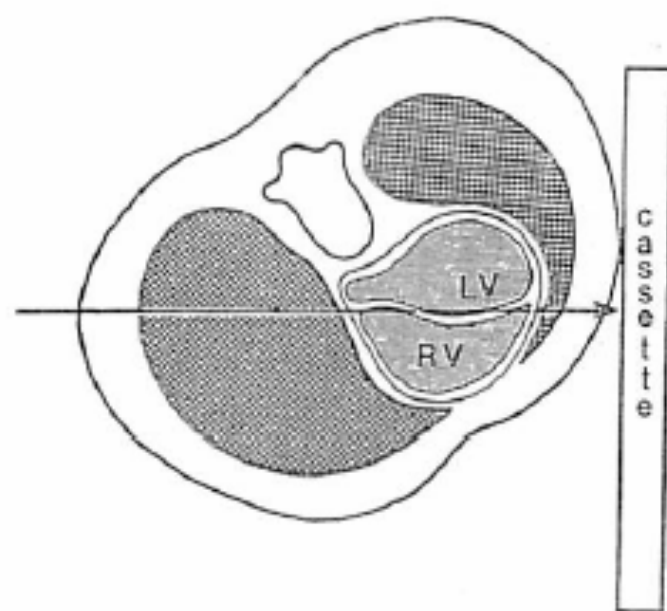
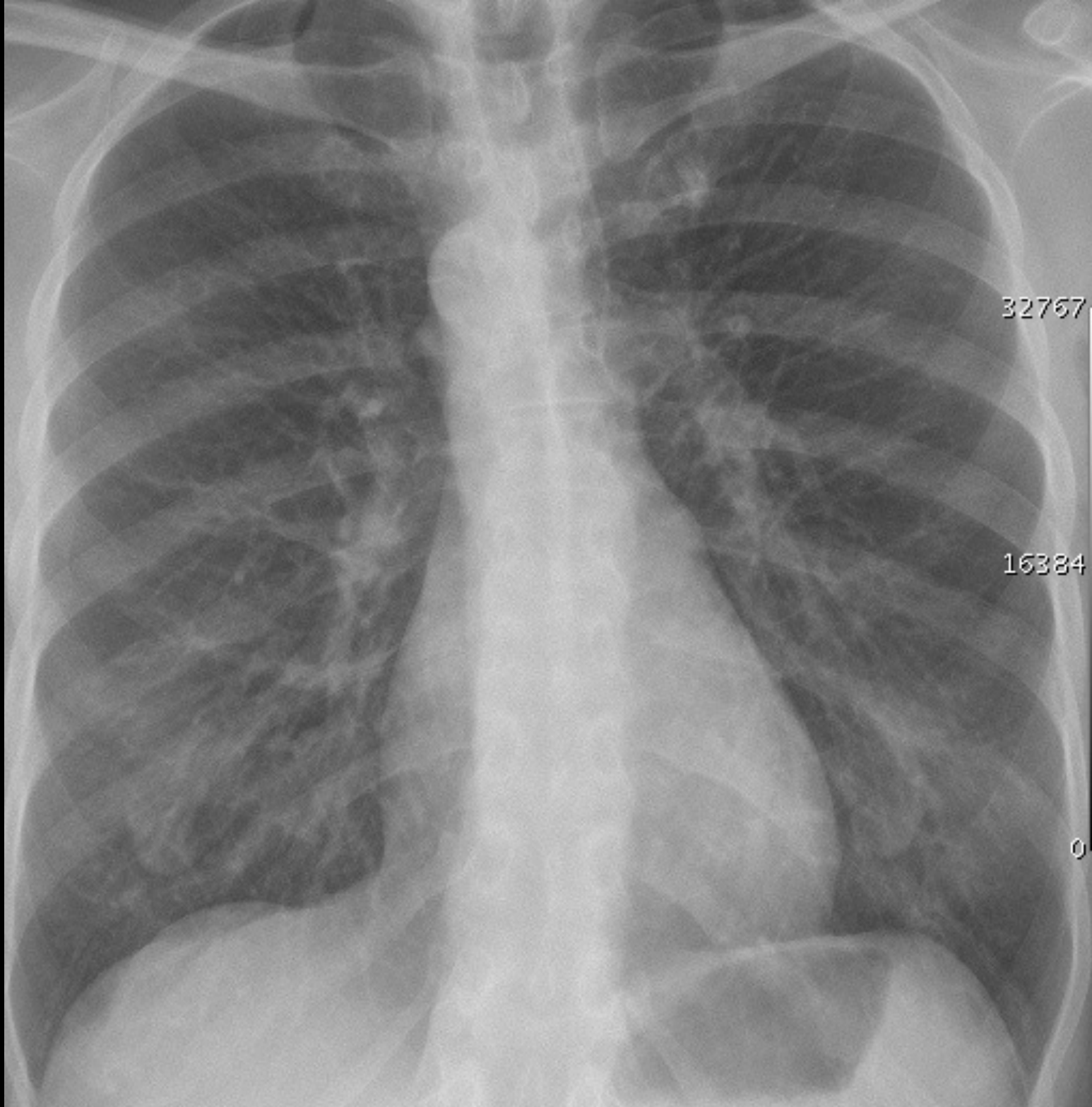
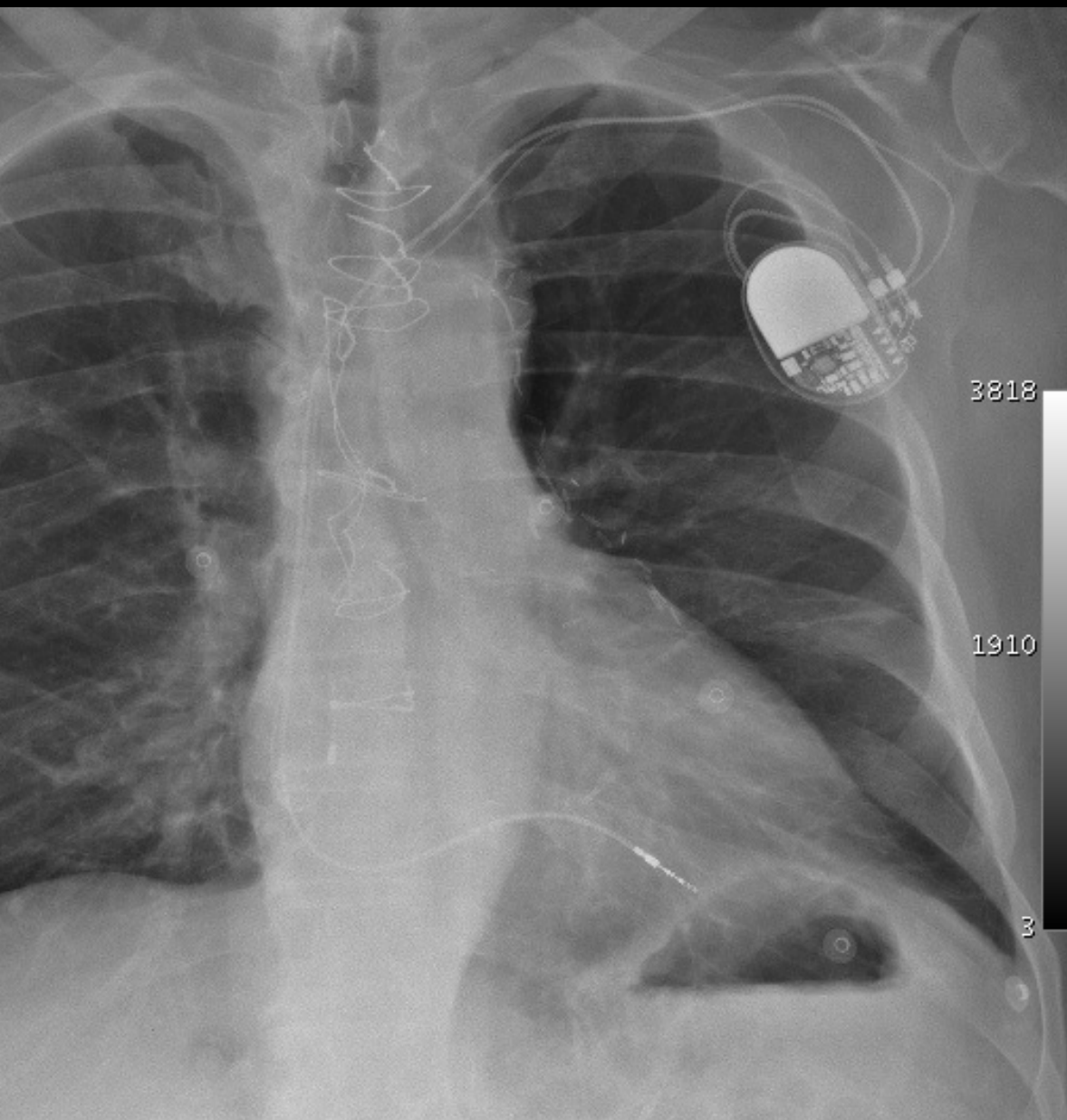


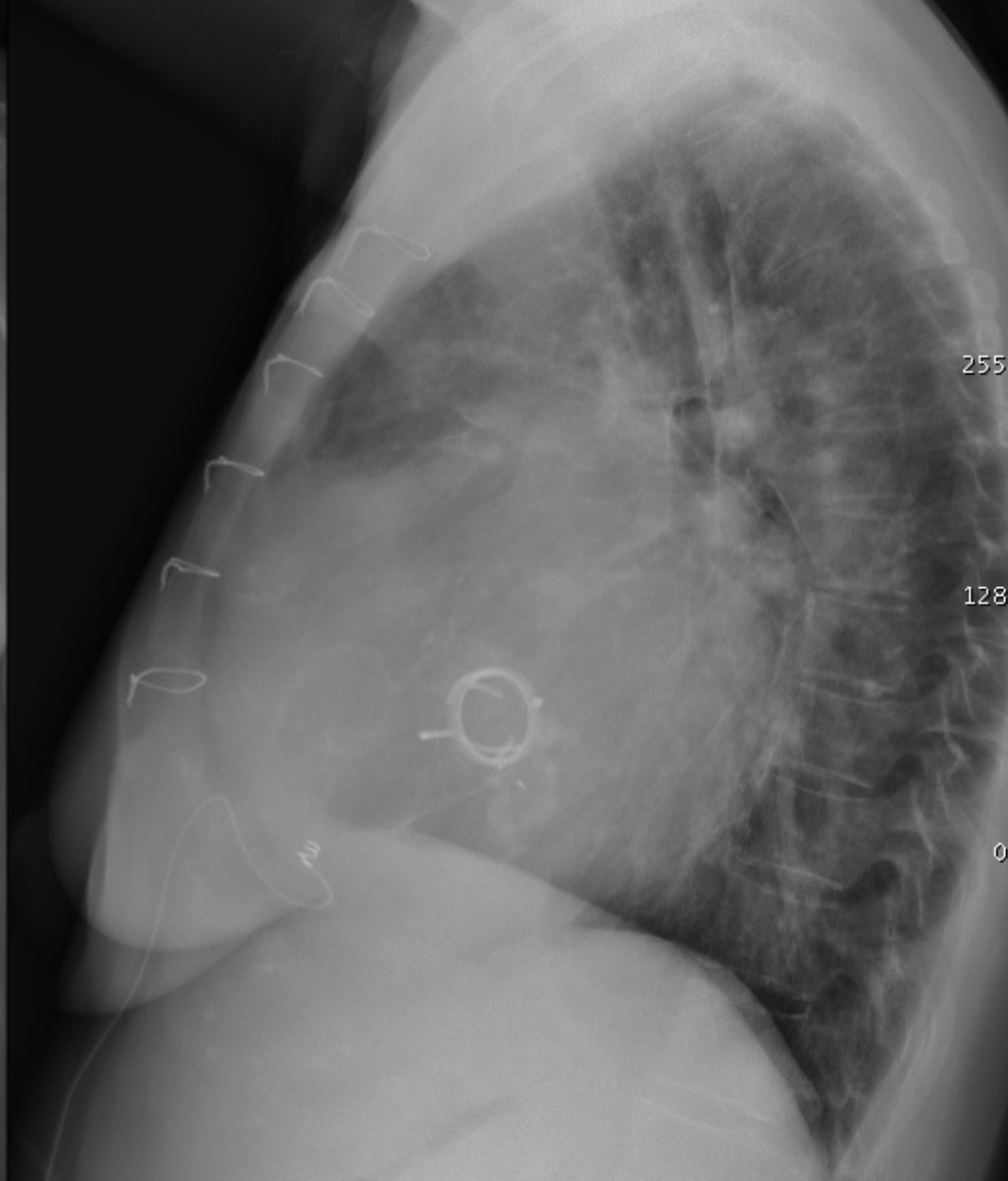
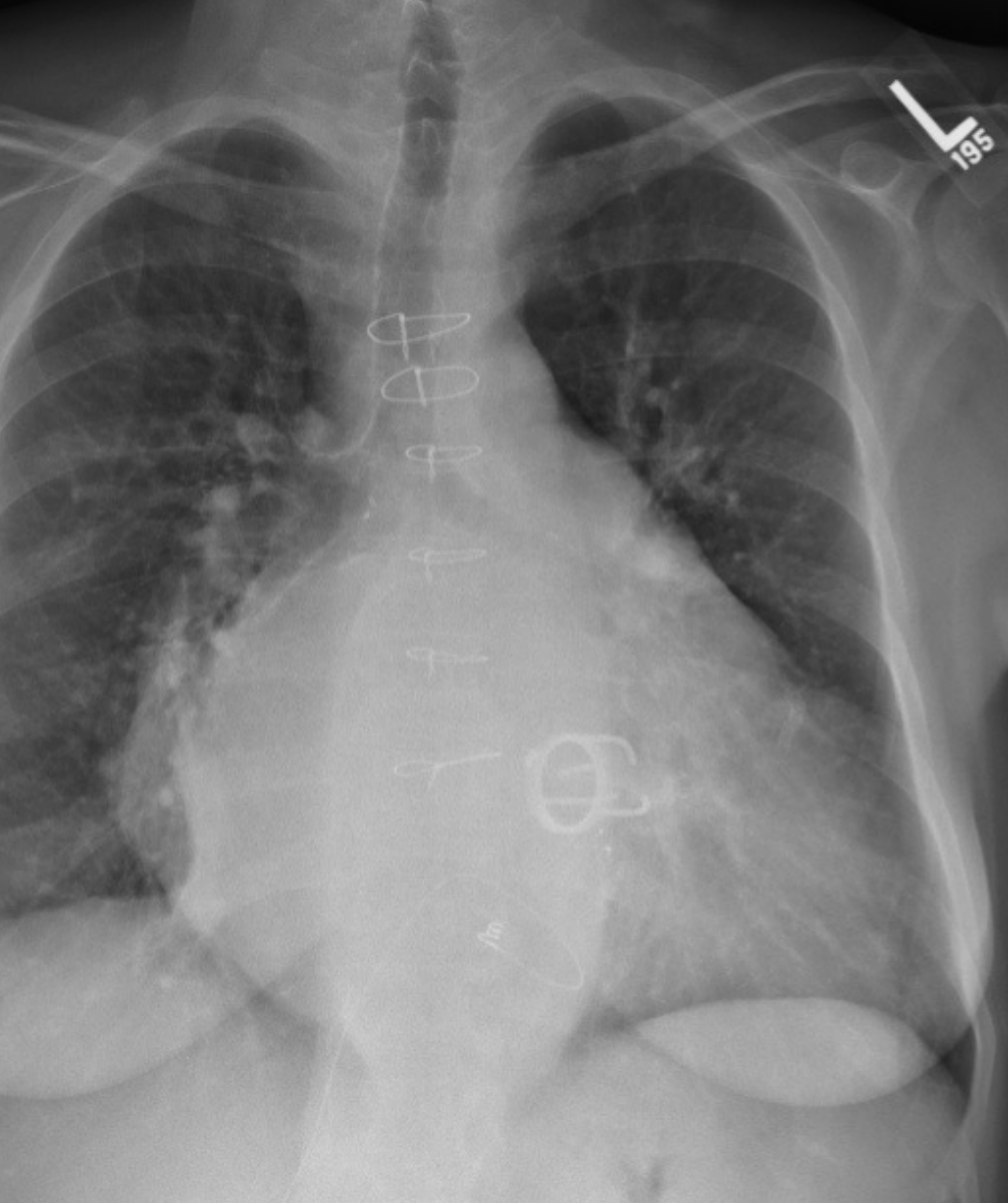
Figure 10-26



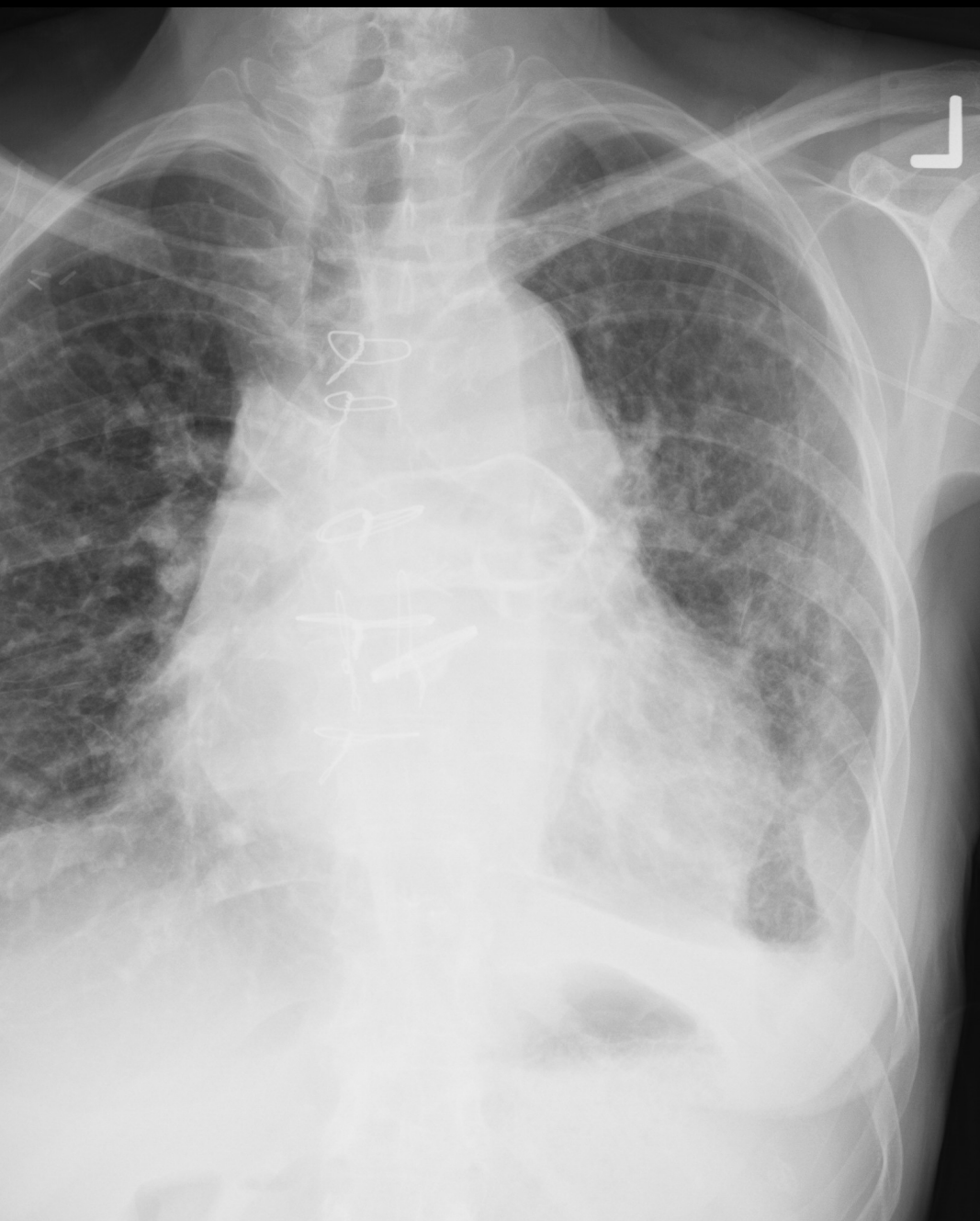
anteroposterior chest radiograph is the abnormality



- Can you name two procedures this patient has undergone?
  - Identify the course of the wires
  - What chambers of the heart are the wires in?

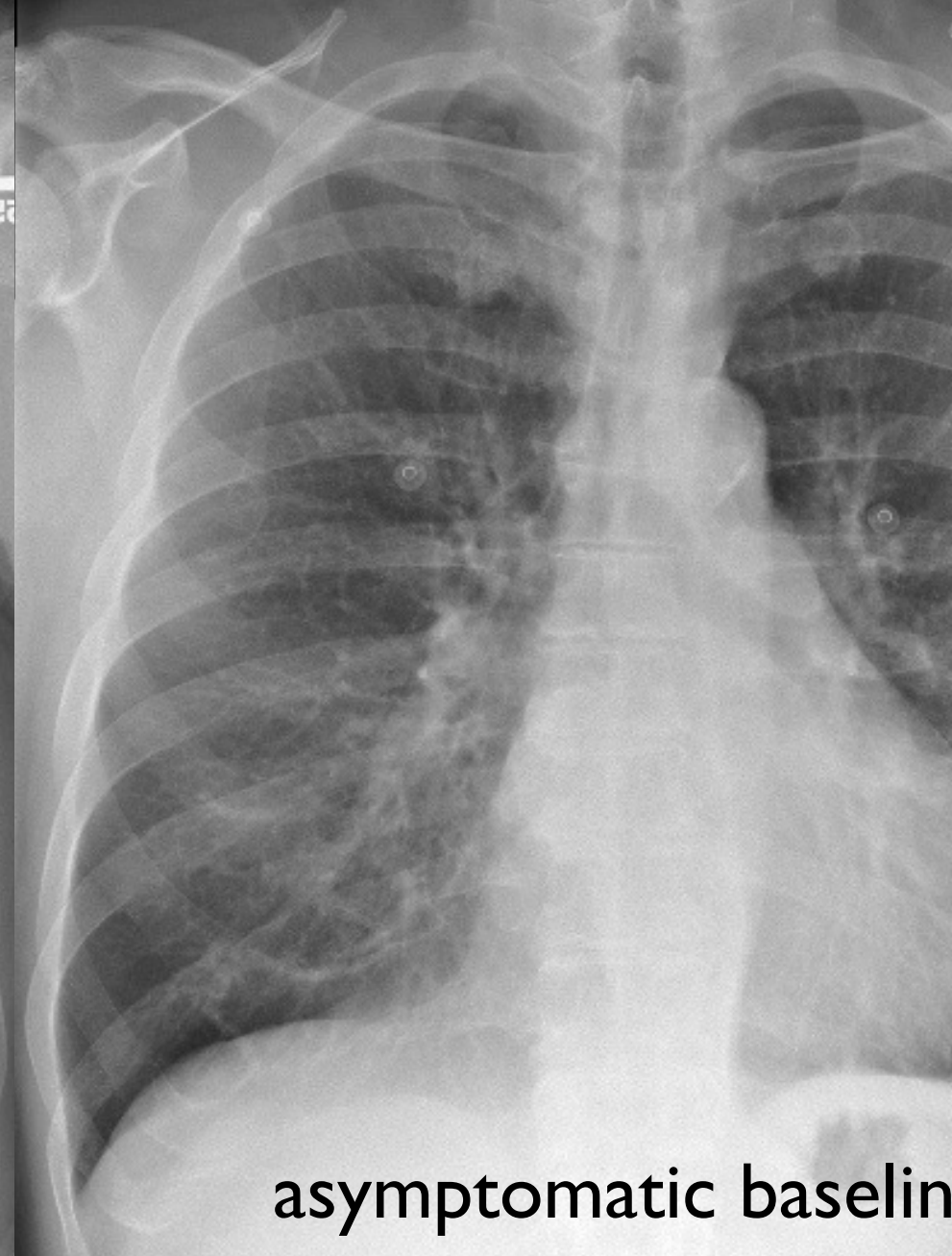
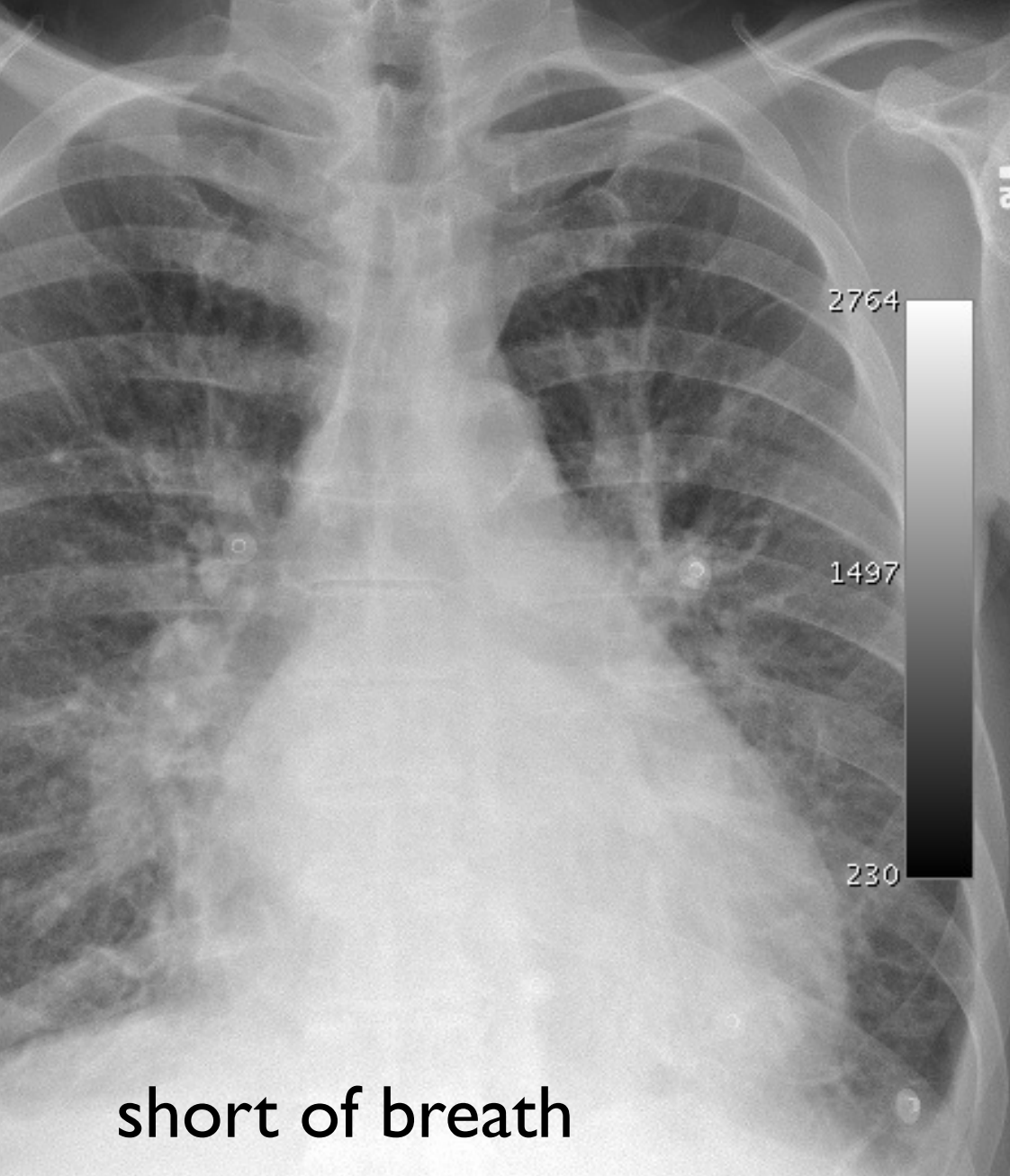


- Is this heart enlarged (cardiothoracic ratio)?
- You outline each chamber on both the PA and lateral c
- What procedure has *this* patient undergone?

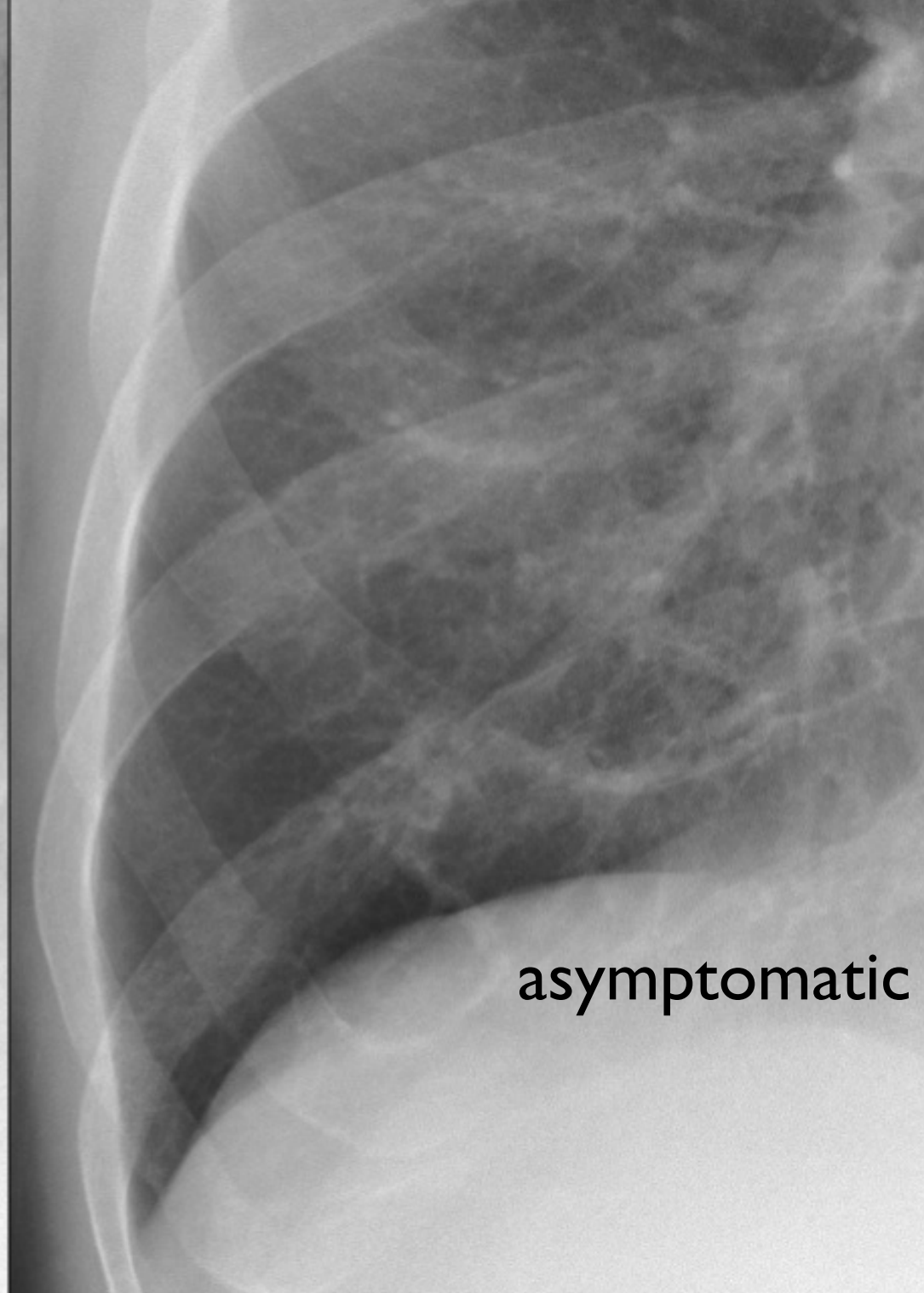
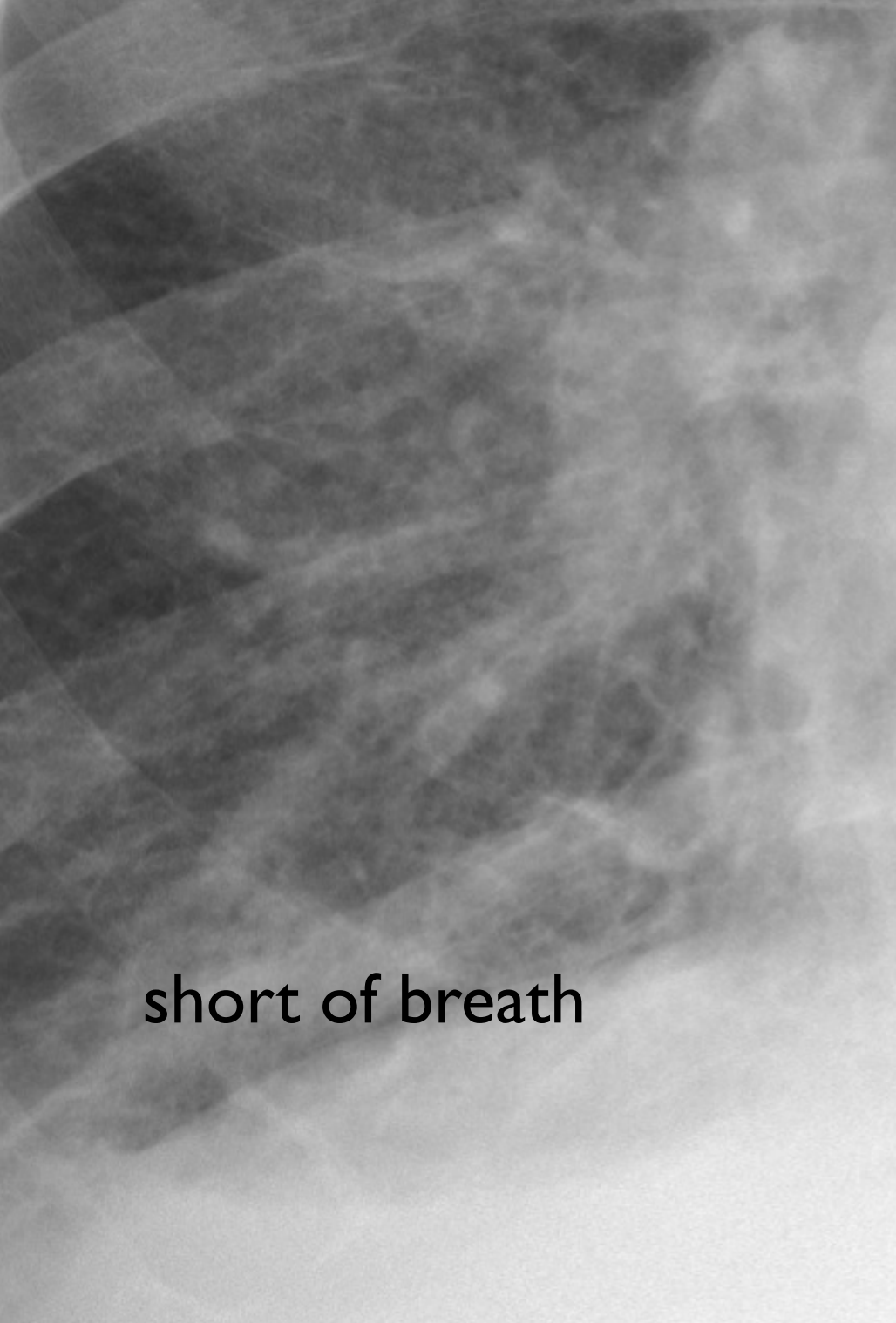


- What valve was replaced?

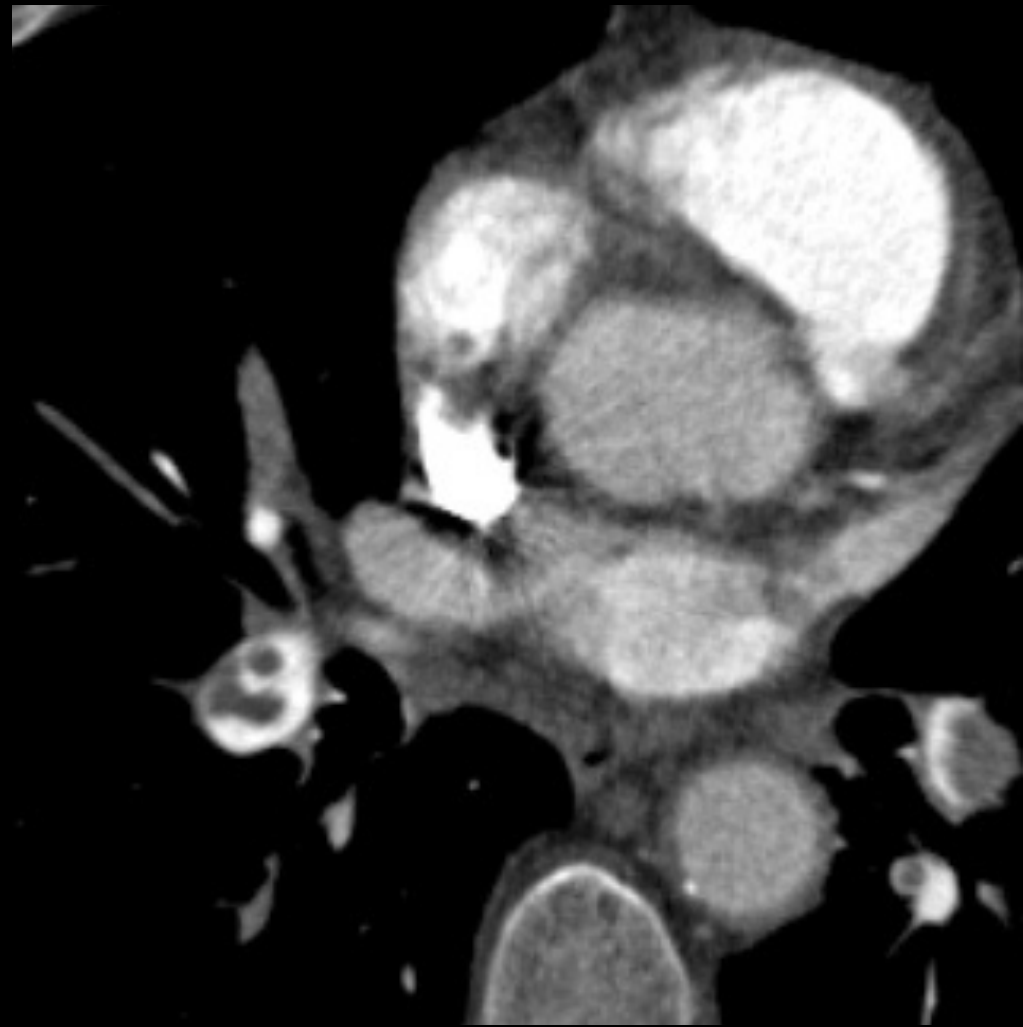
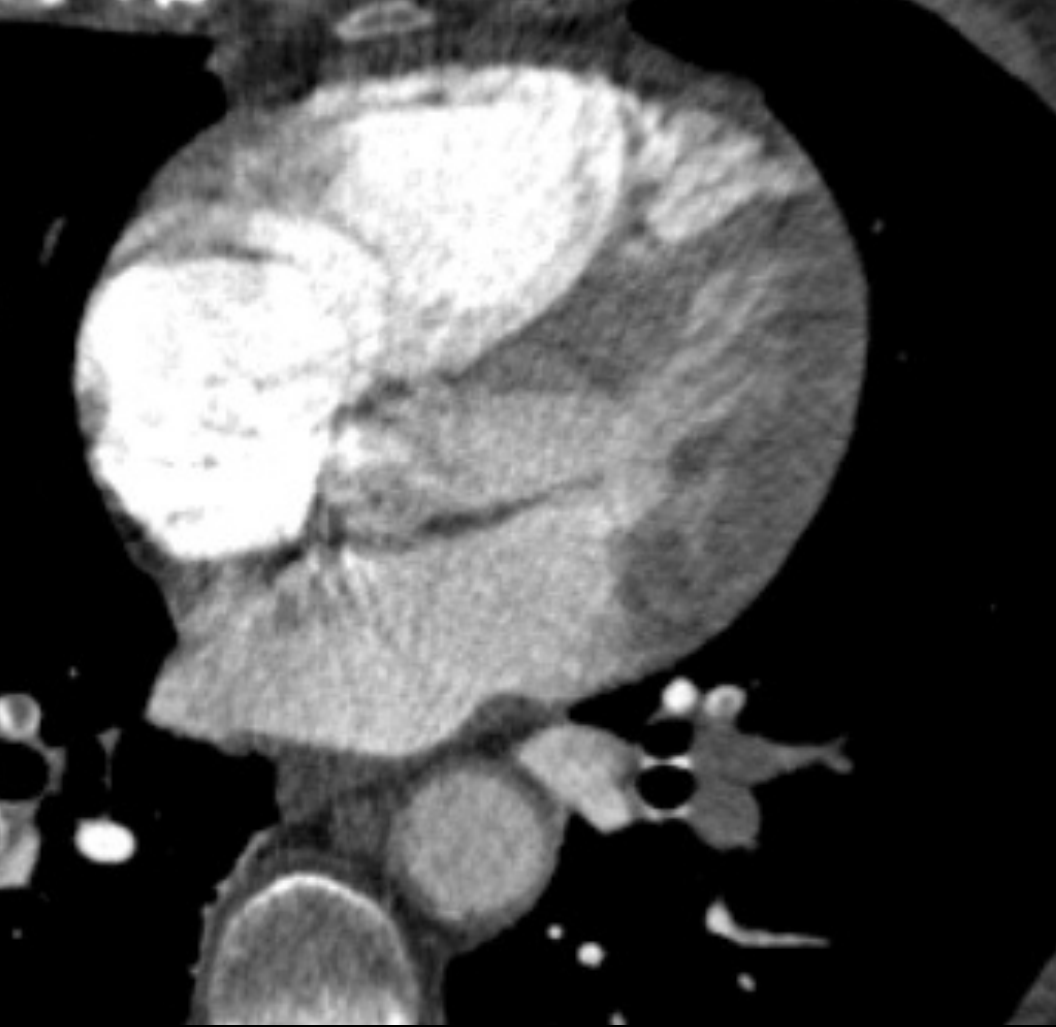
What is the clinical significance?



- Explain changes in heart and chamber size
- Contrast the caliber of pulmonary vessels
- What changes at the costophrenic angles do you see?



• Compare the costophrenic sulci.



History: Acute shortness of breath and chest pain

- This scan was done with IV contrast.
- Which chambers are best enhanced?
- Identify and explain the rings of high attenuation



coronal views

Which arm did the patient receive  
the injection of contrast?

Explain

Can you identify the aorta?  
Why is it less opacified than other v

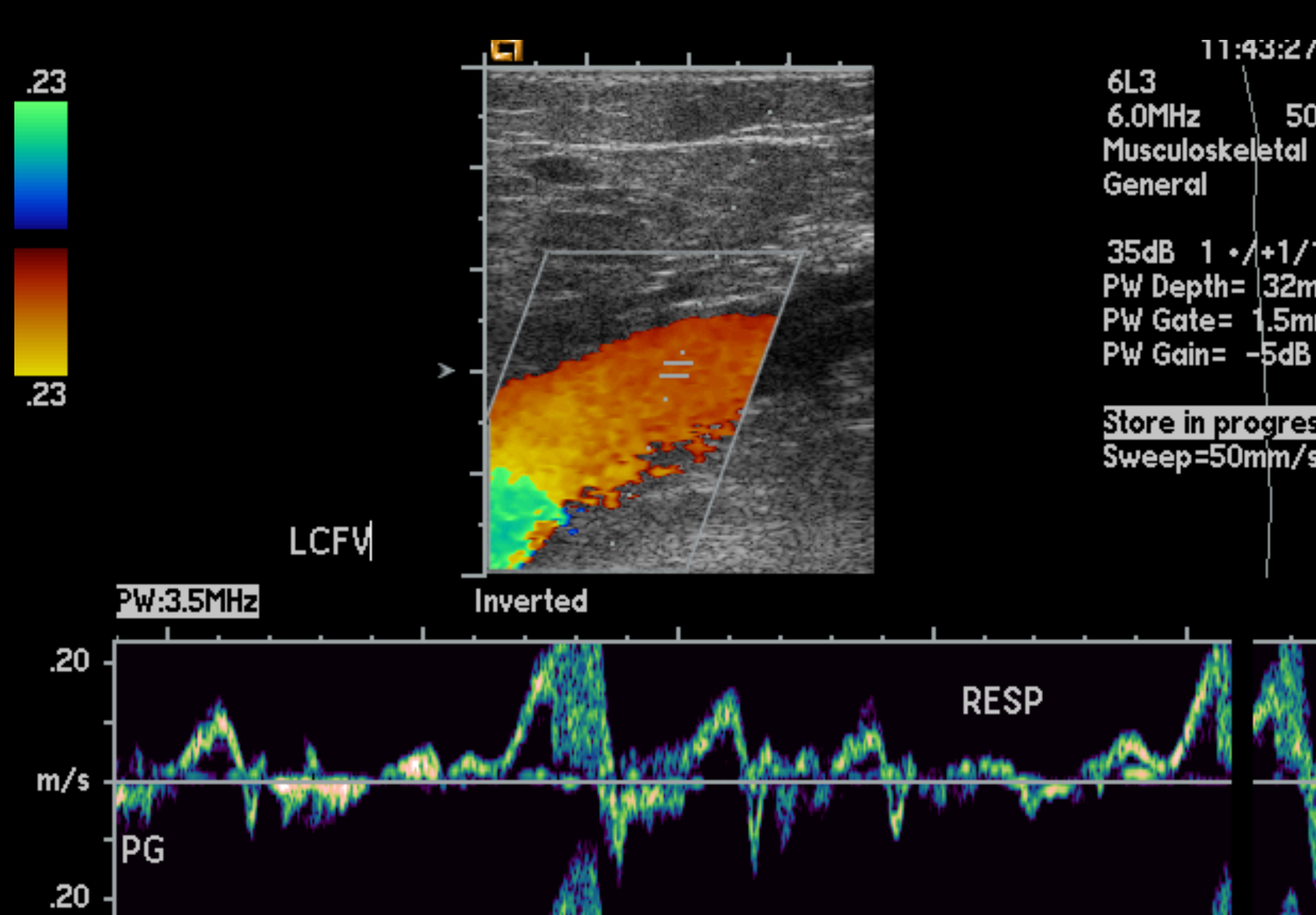
Could this diagnosis have been possible without intravenous contrast?

Compression “clip”

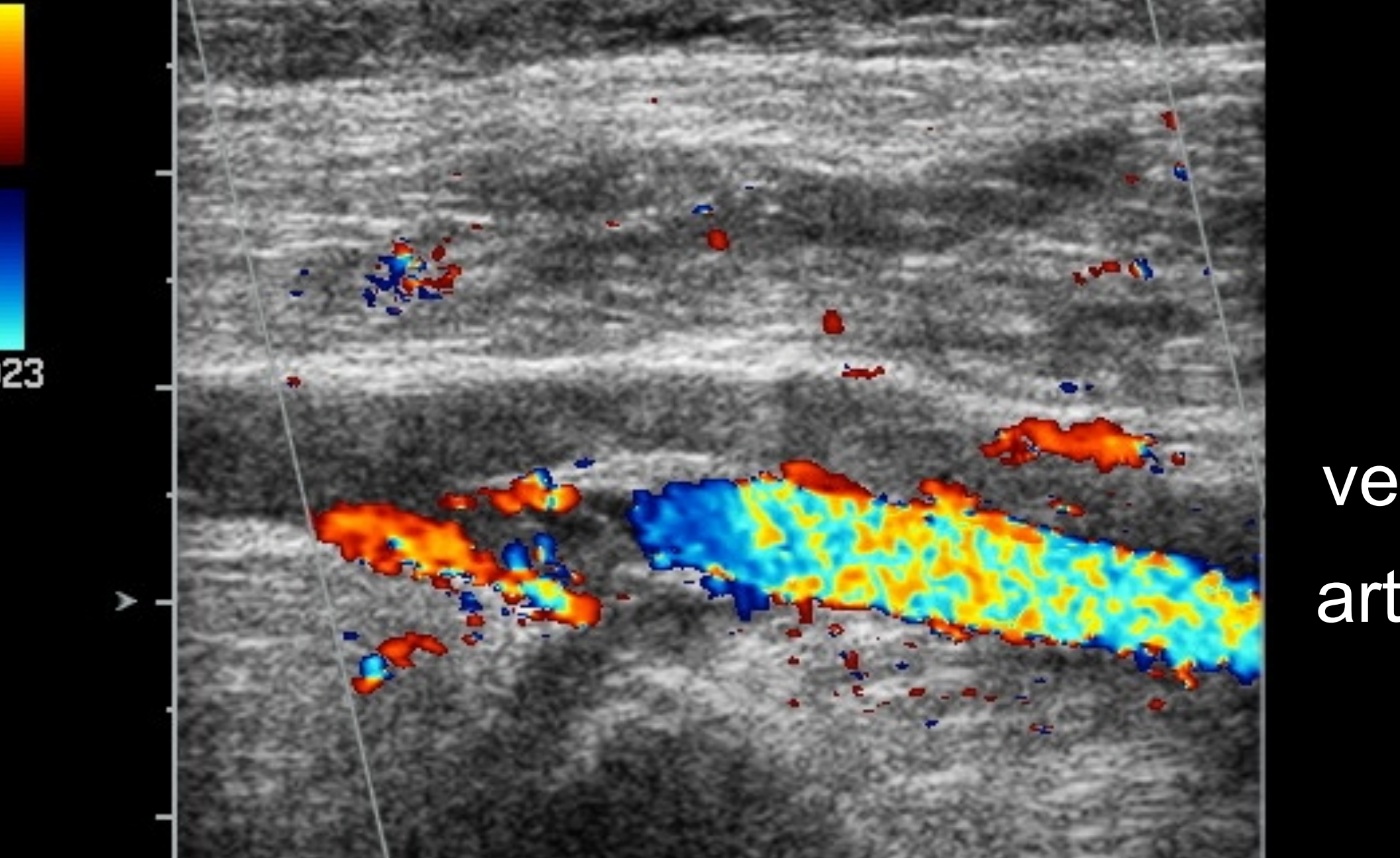
Compression “split-screen”



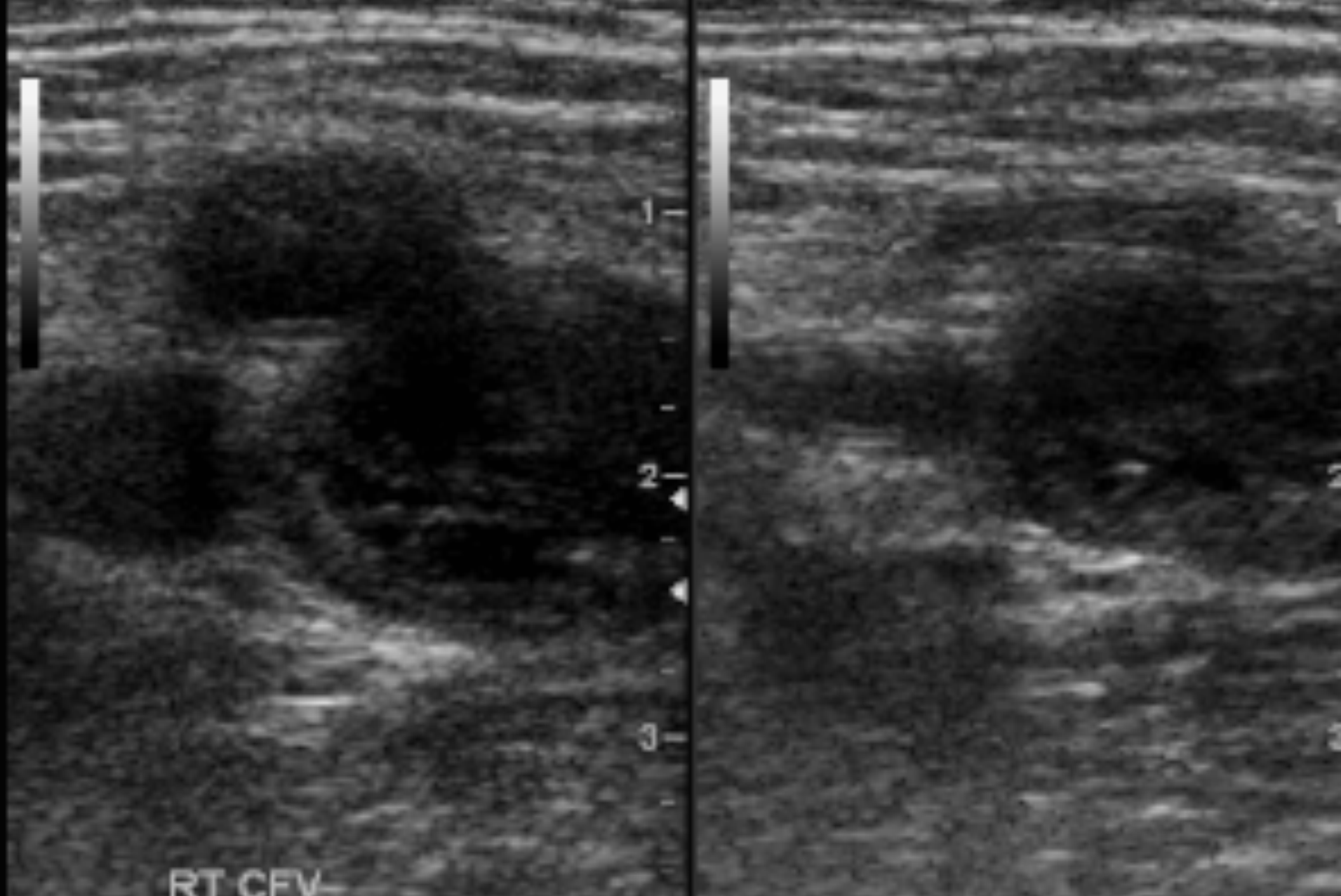
Name 3 ways we can distinguish the



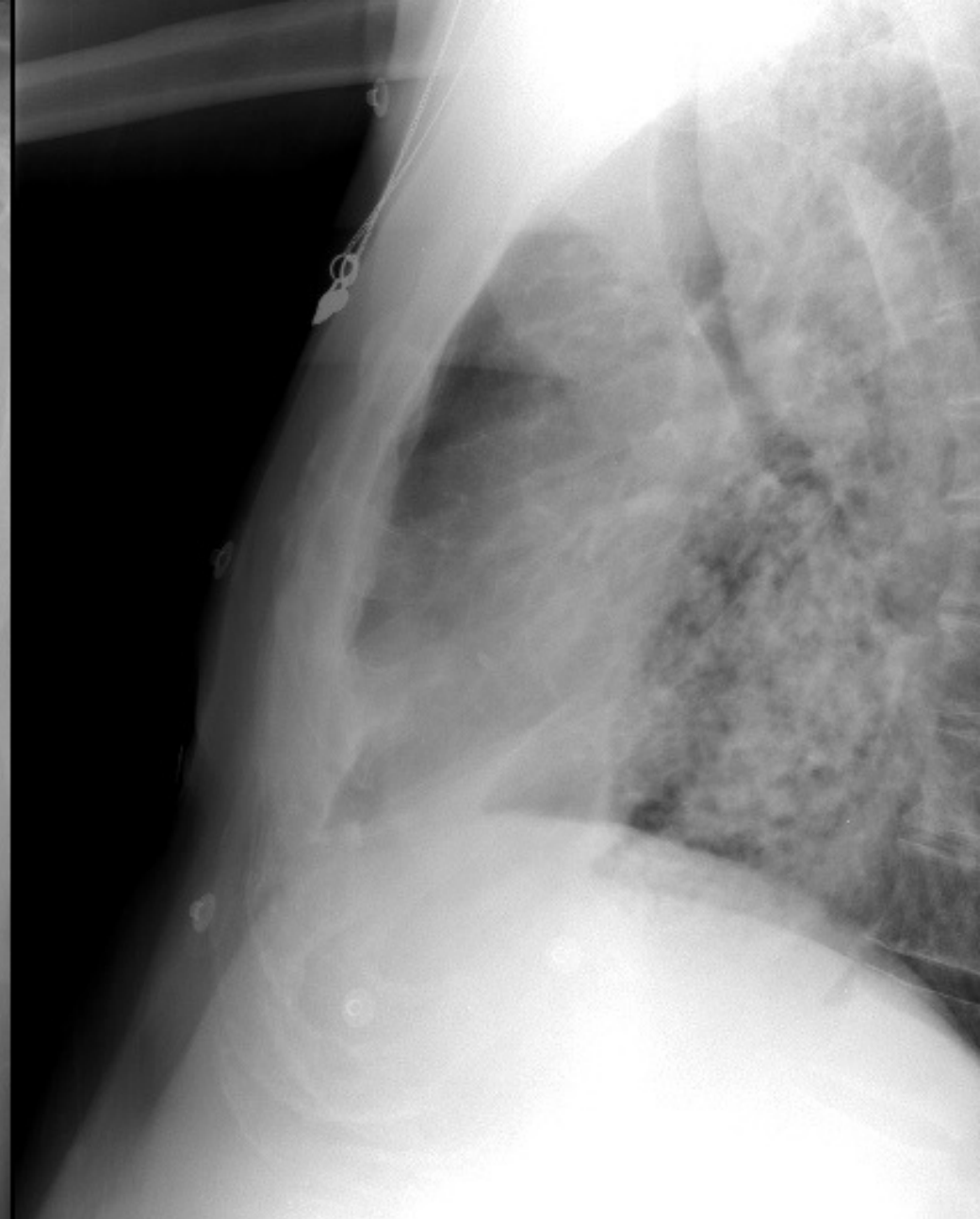
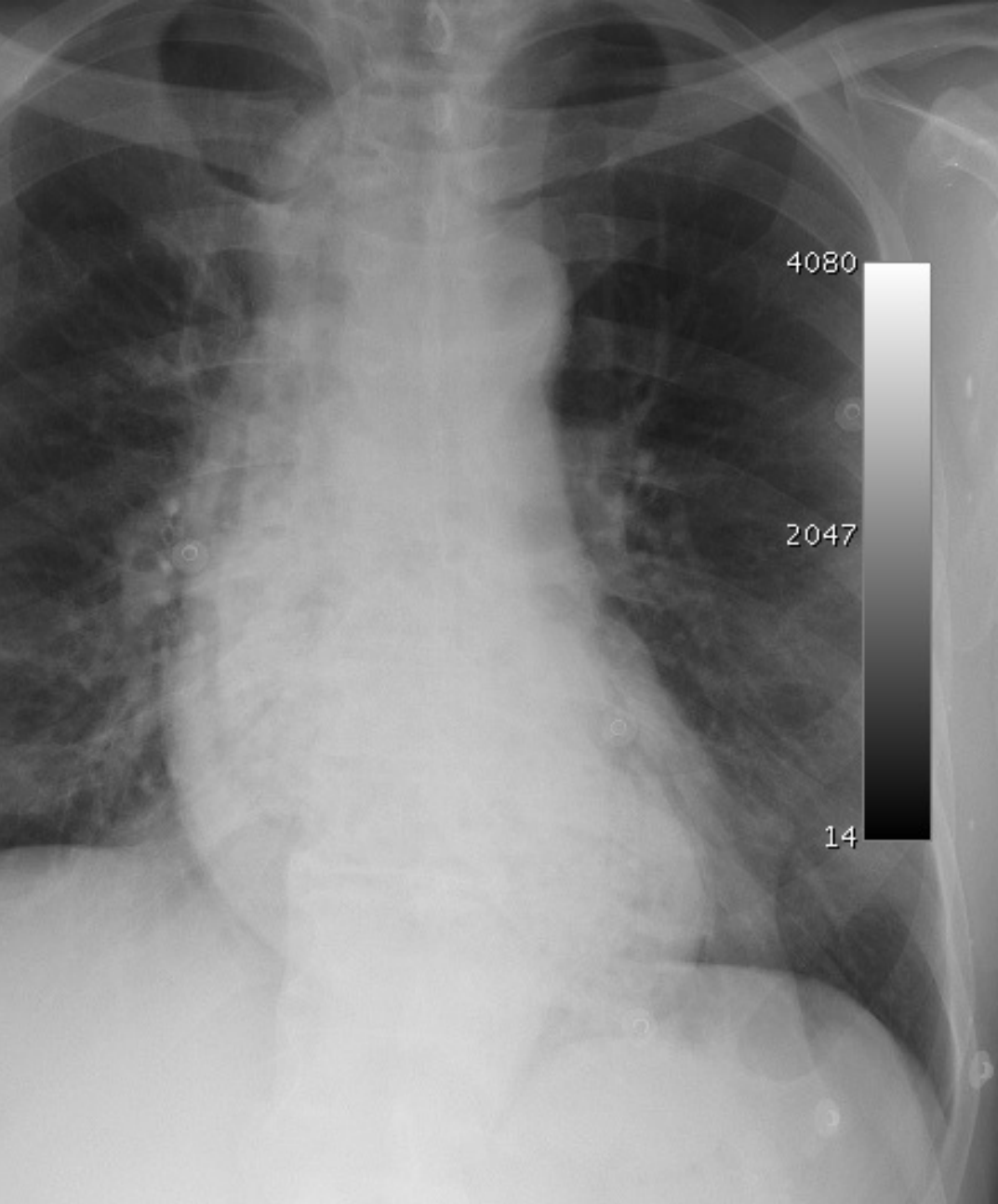
... is a venous waveform different from an arterial waveform



Absent color flow

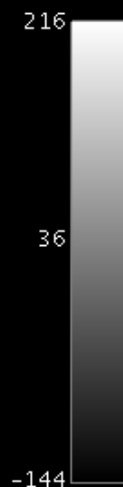


Absent compressibility



## History: Swallowing Problems

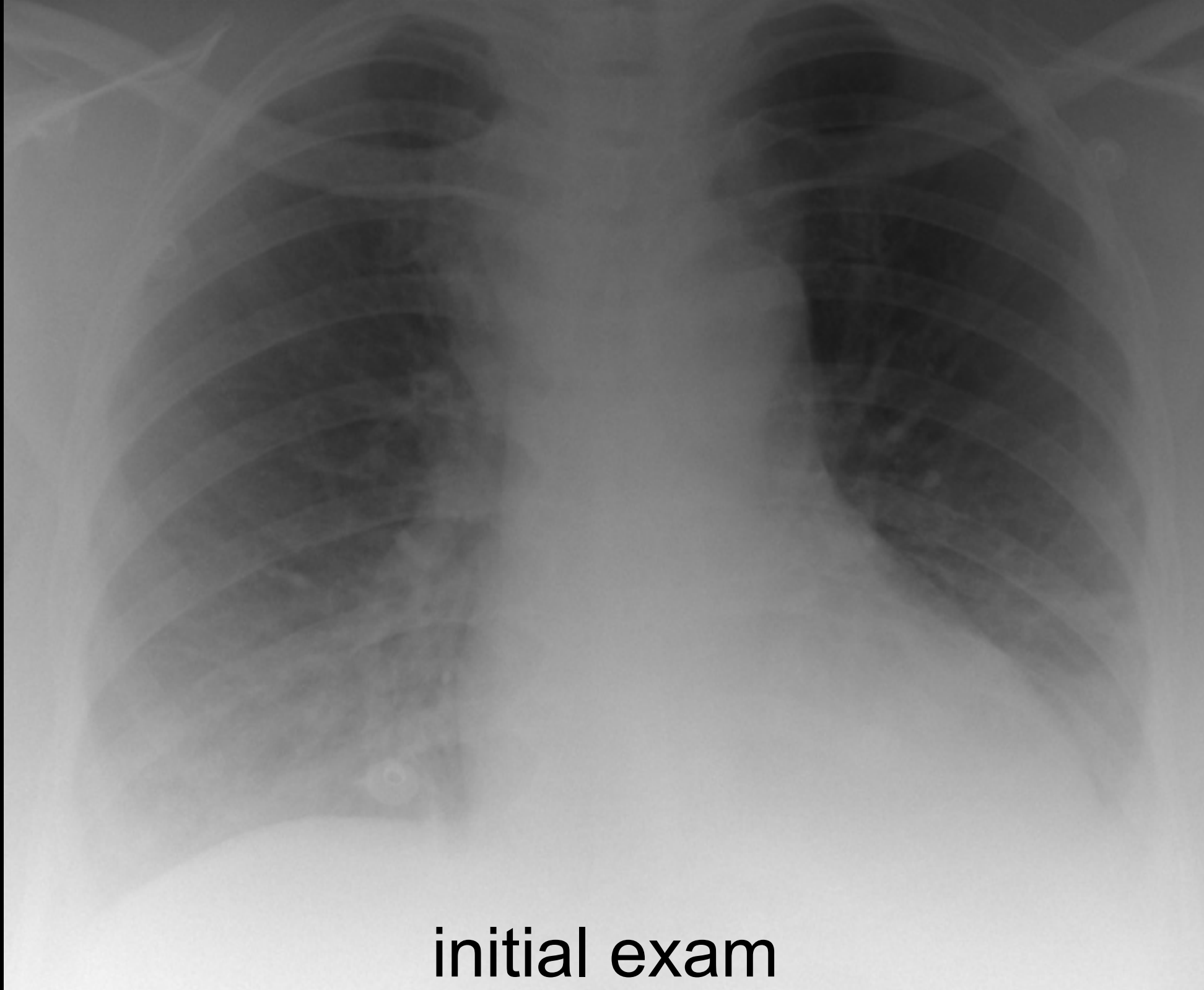
Describe the opacity of the mediastinum. How is it different from normal?



Same patient: What modality is this, and what planes are these

- Explain the mottled appearance of the abnormality

How does the image to your right explain why the abnormality was  
equally well seen on both images of the chest x ray?

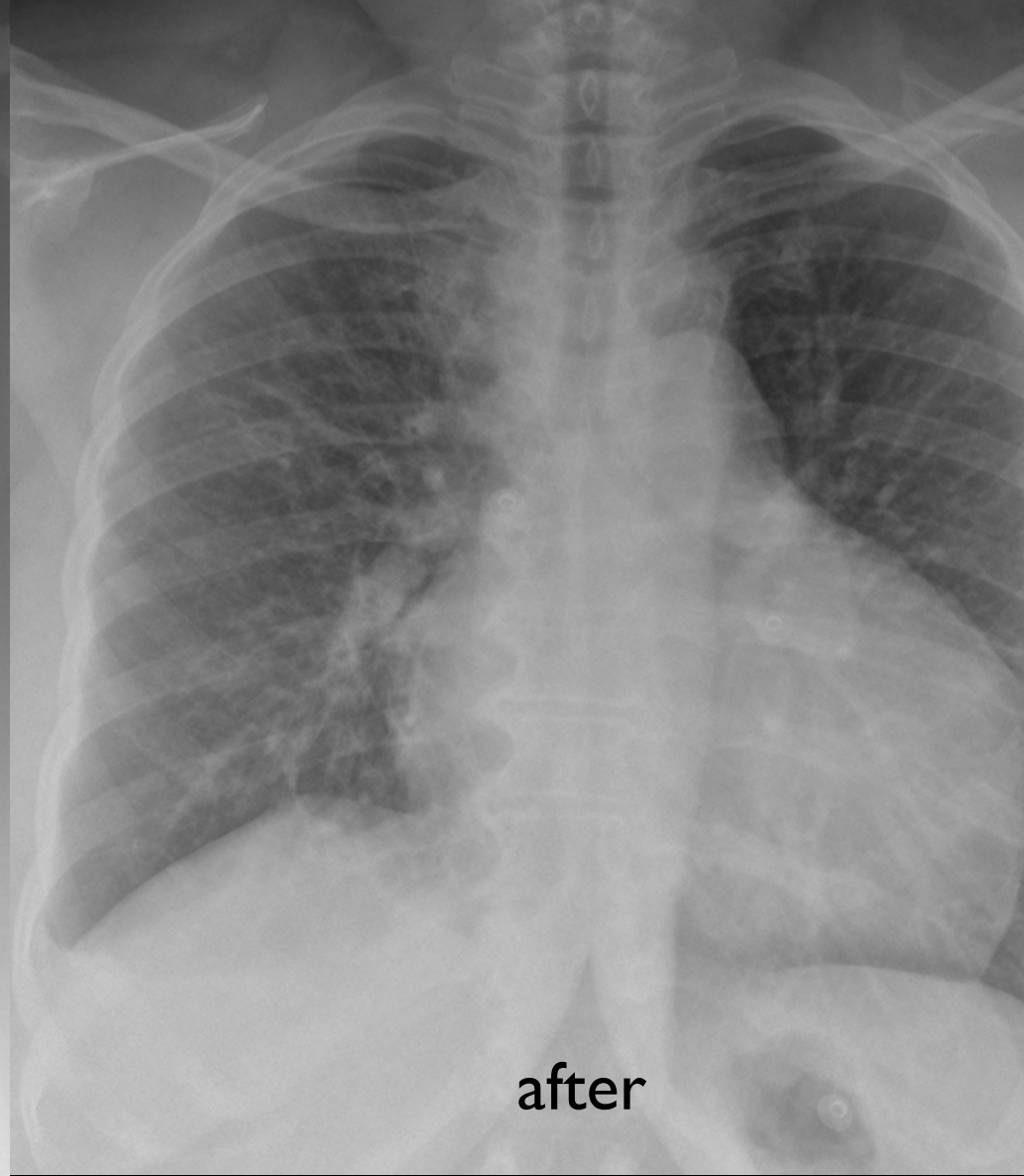
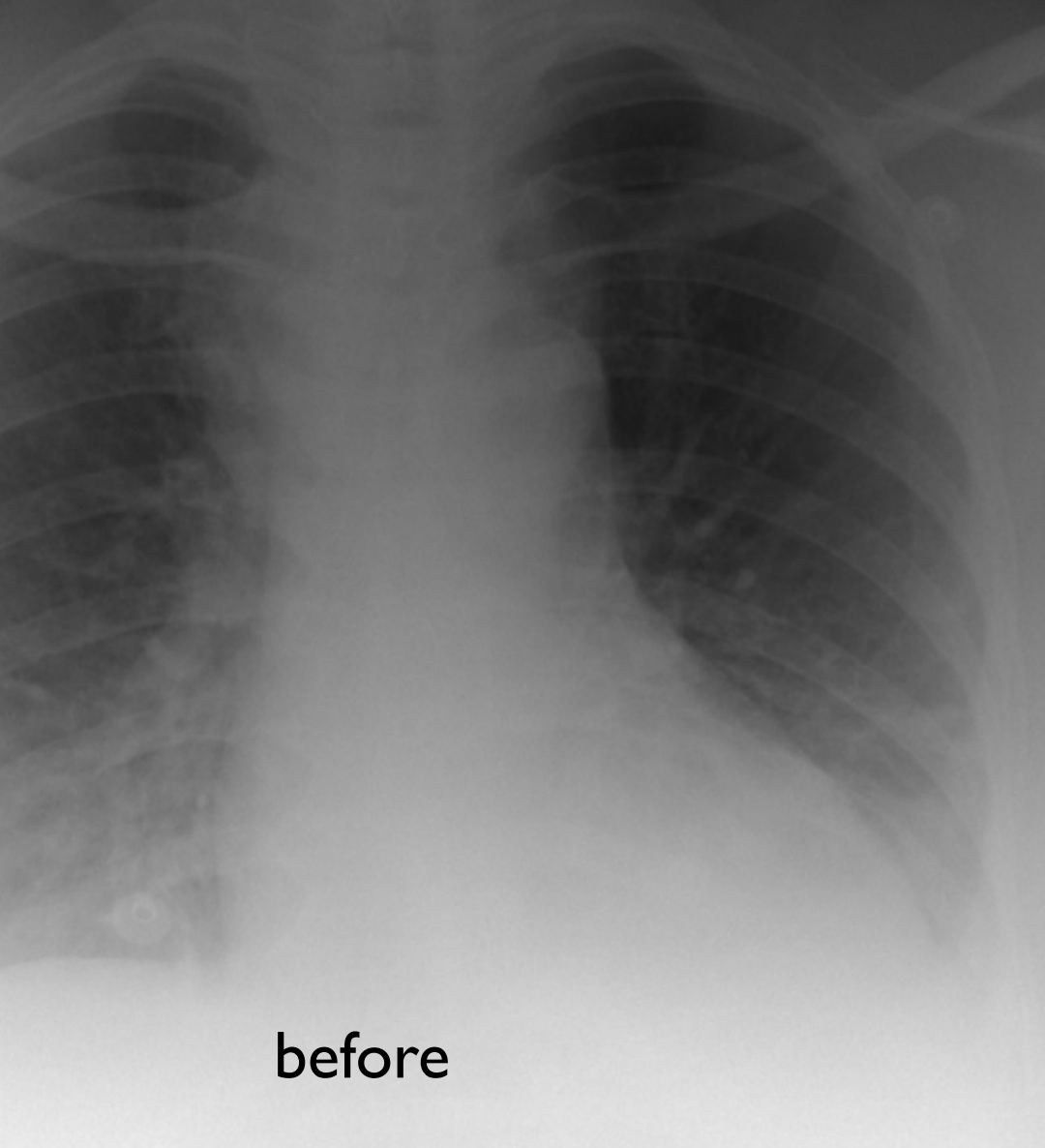


initial exam

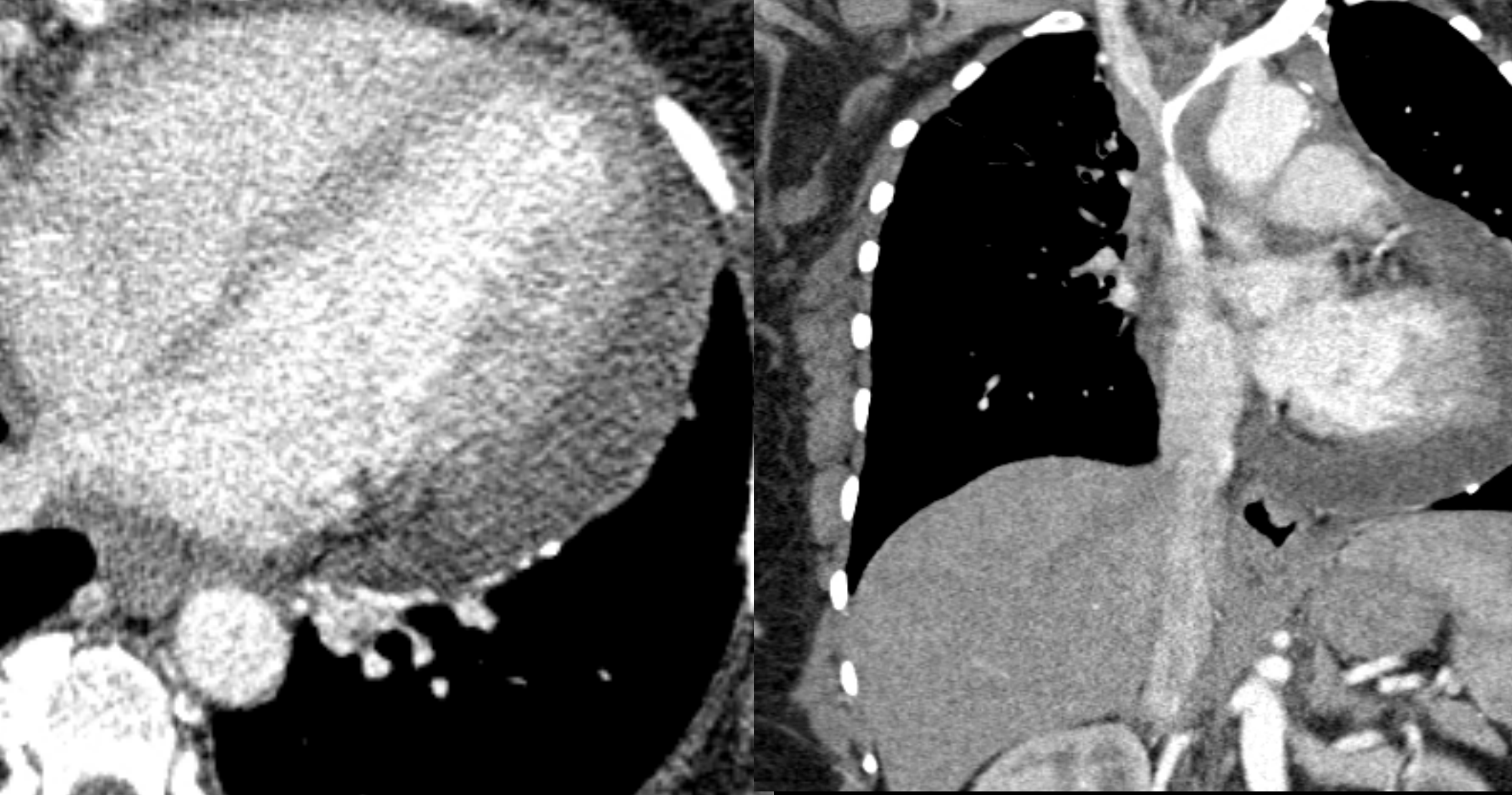


Patient returns with chest pain

• Do you see a change in the cardiac silhouette?

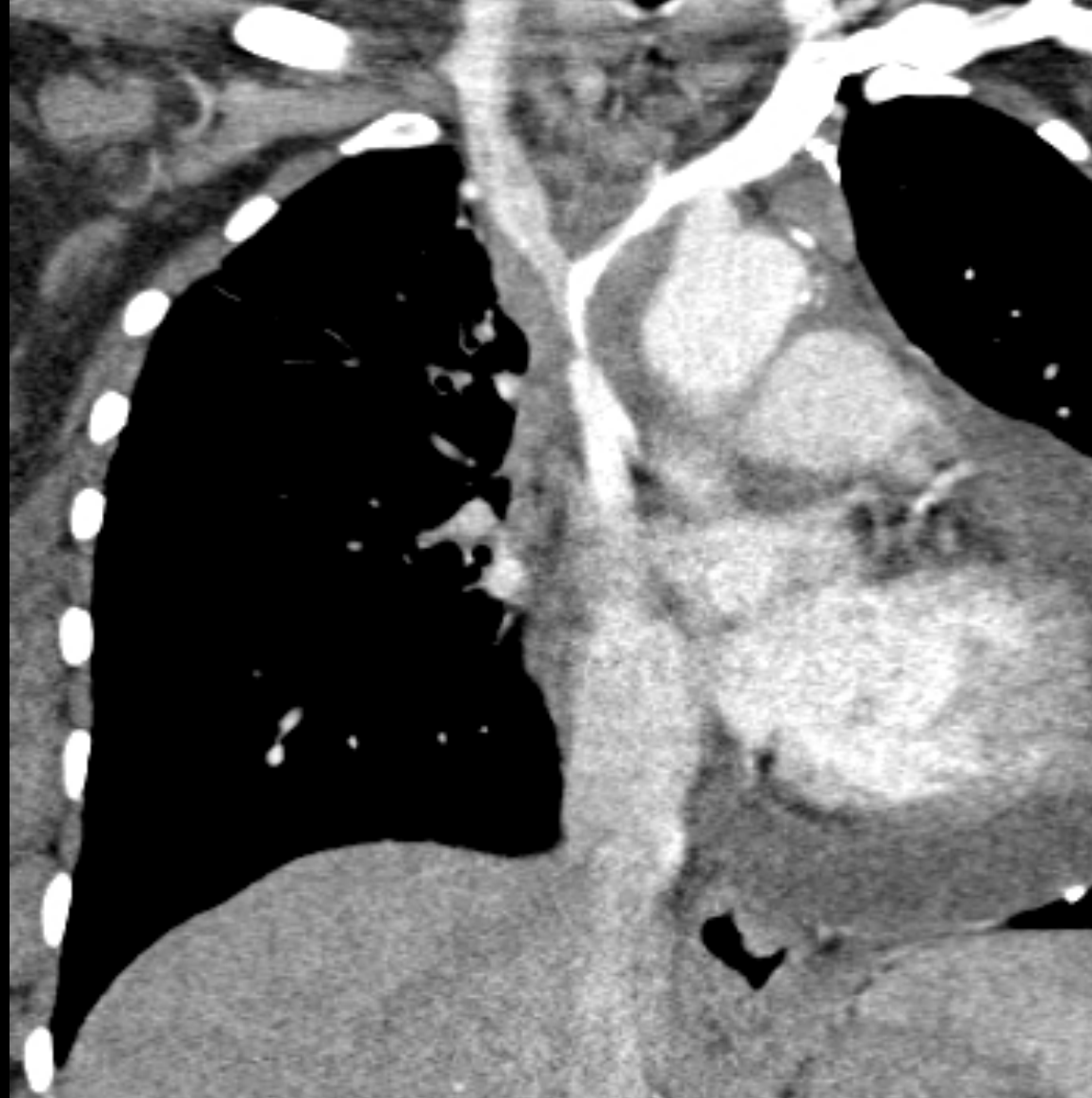


note differences both in size and shape of the  
cardiac silhouette



A CT was performed. Can you now explain the change in the cardiac silhouette?

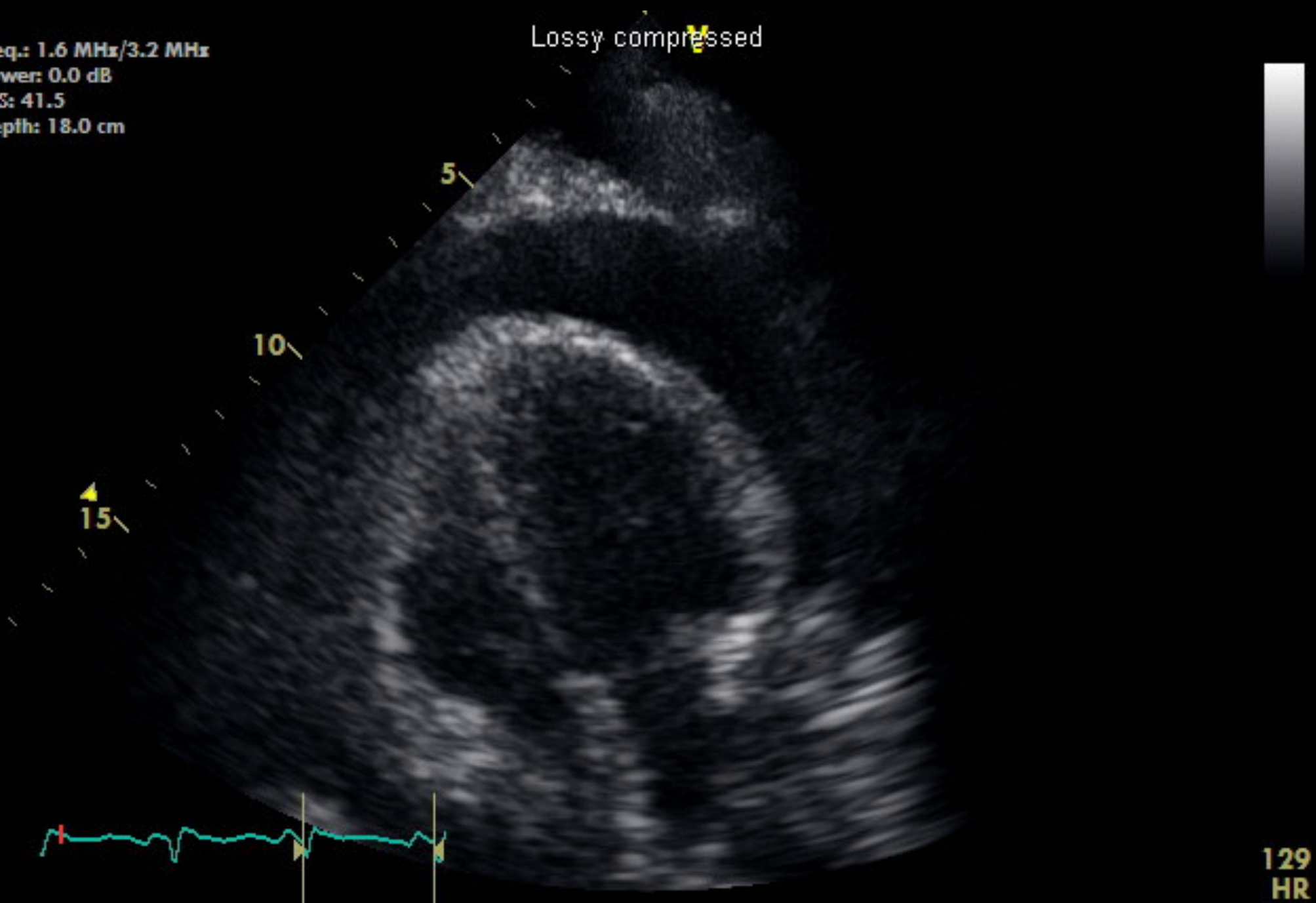
What is happening at the confluence of the superior vena cava



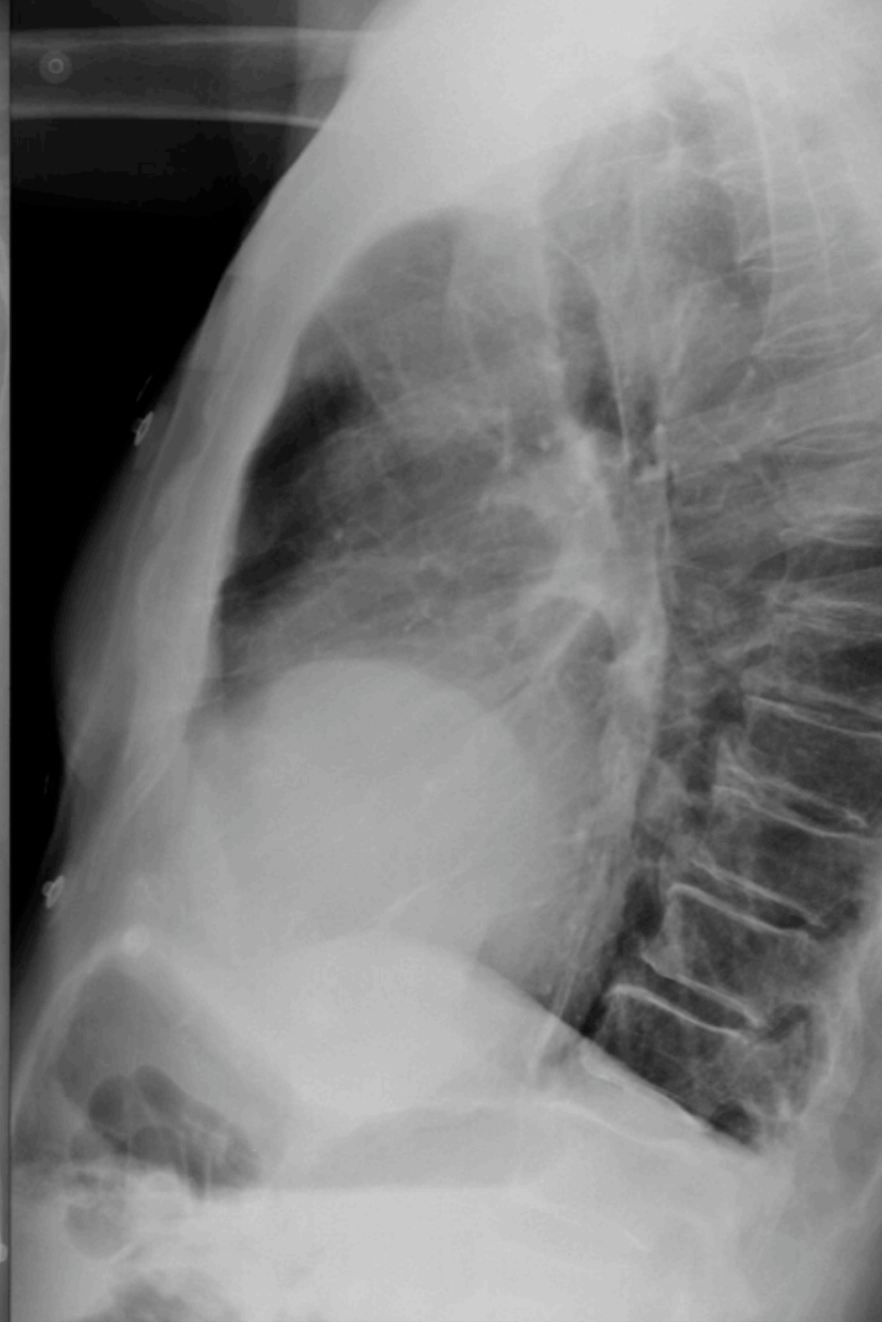
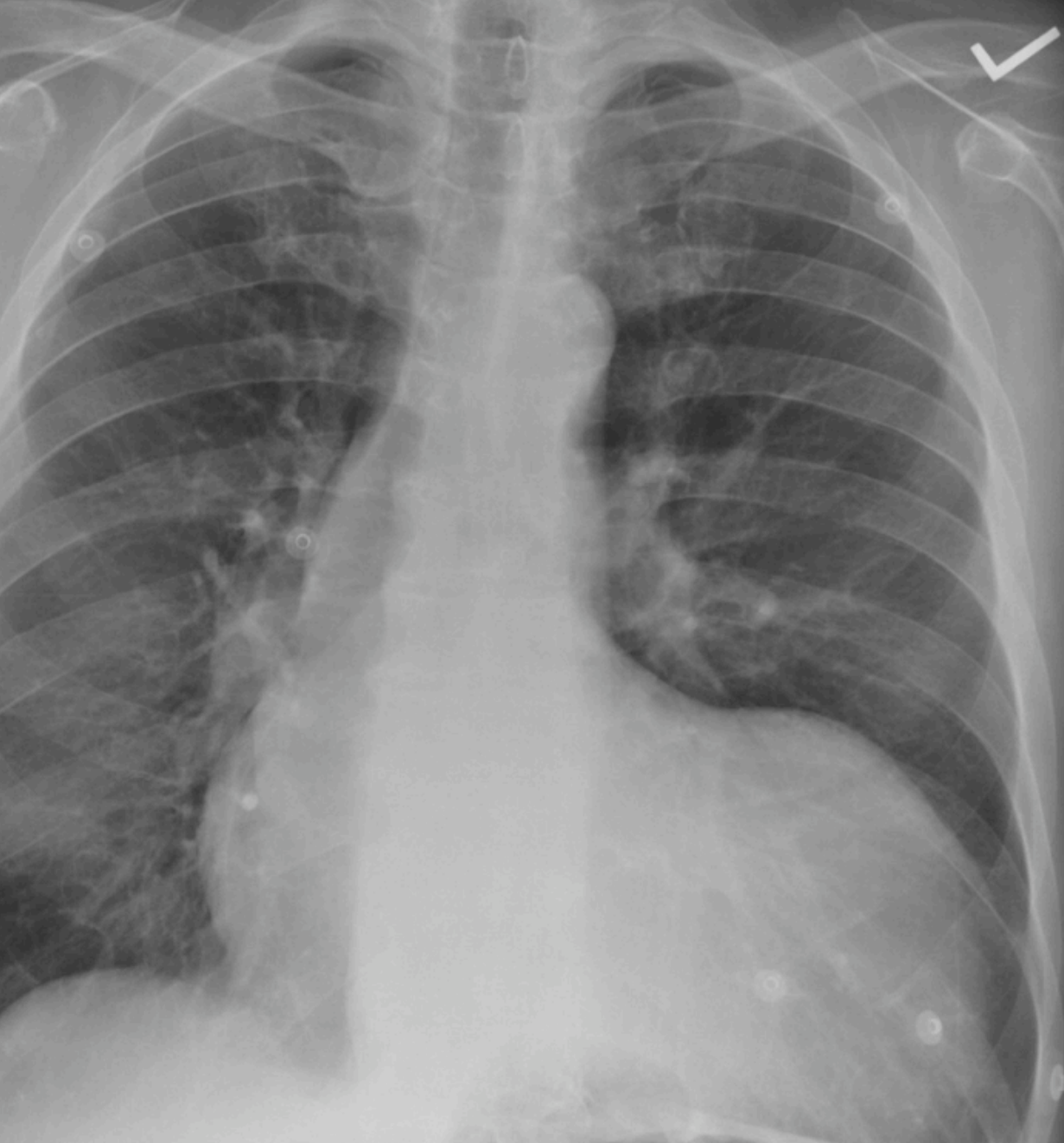
Why is this diagnosis only apparent on the CT  
and not the chest x ray?

Freq.: 1.6 MHz/3.2 MHz  
Power: 0.0 dB  
FPS: 41.5  
Depth: 18.0 cm

Lossy compressed



- Another way to make the diagnosis

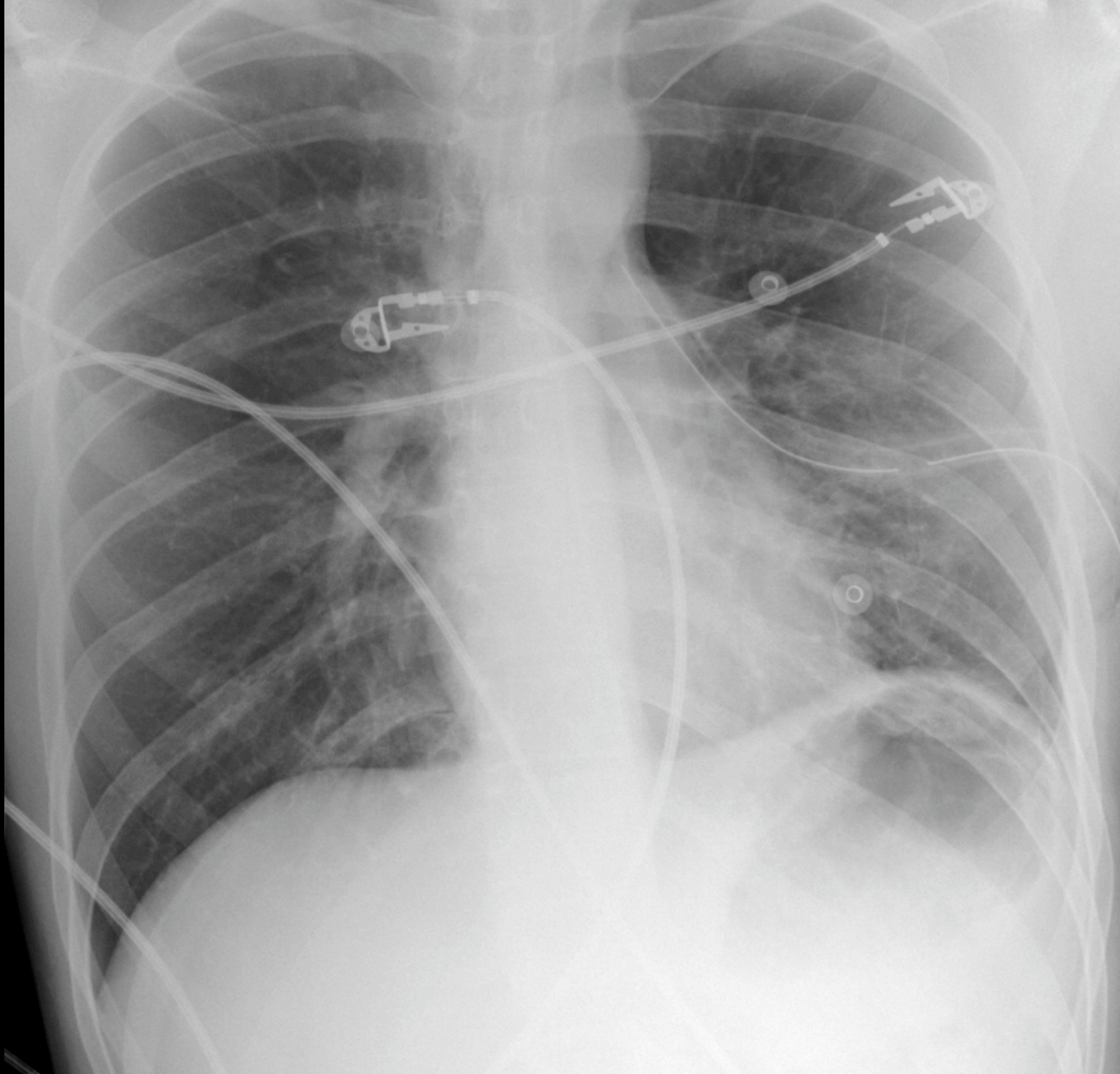


History of intermittent shortness of breath after  
a myocardial infarction several years ago



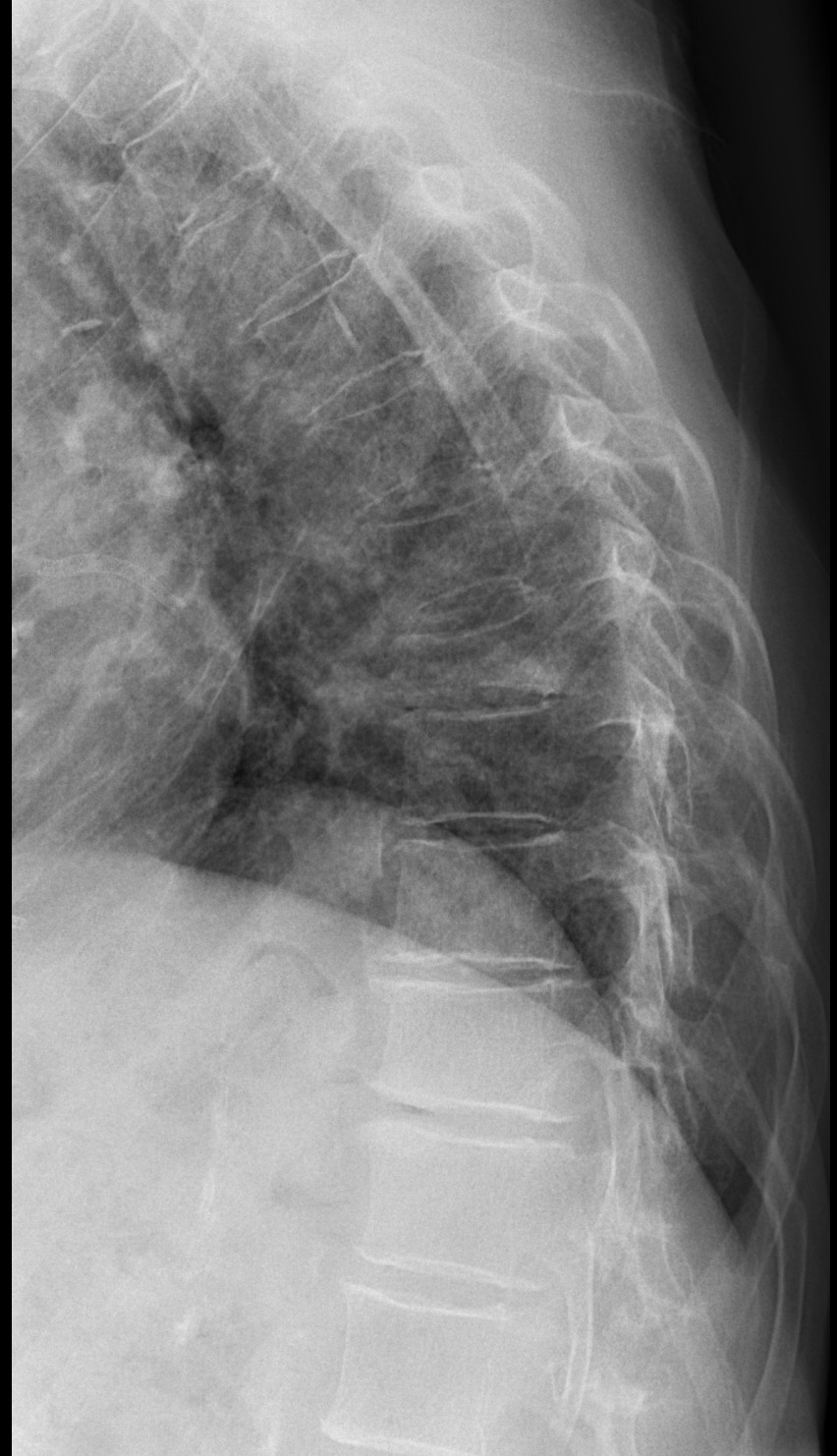
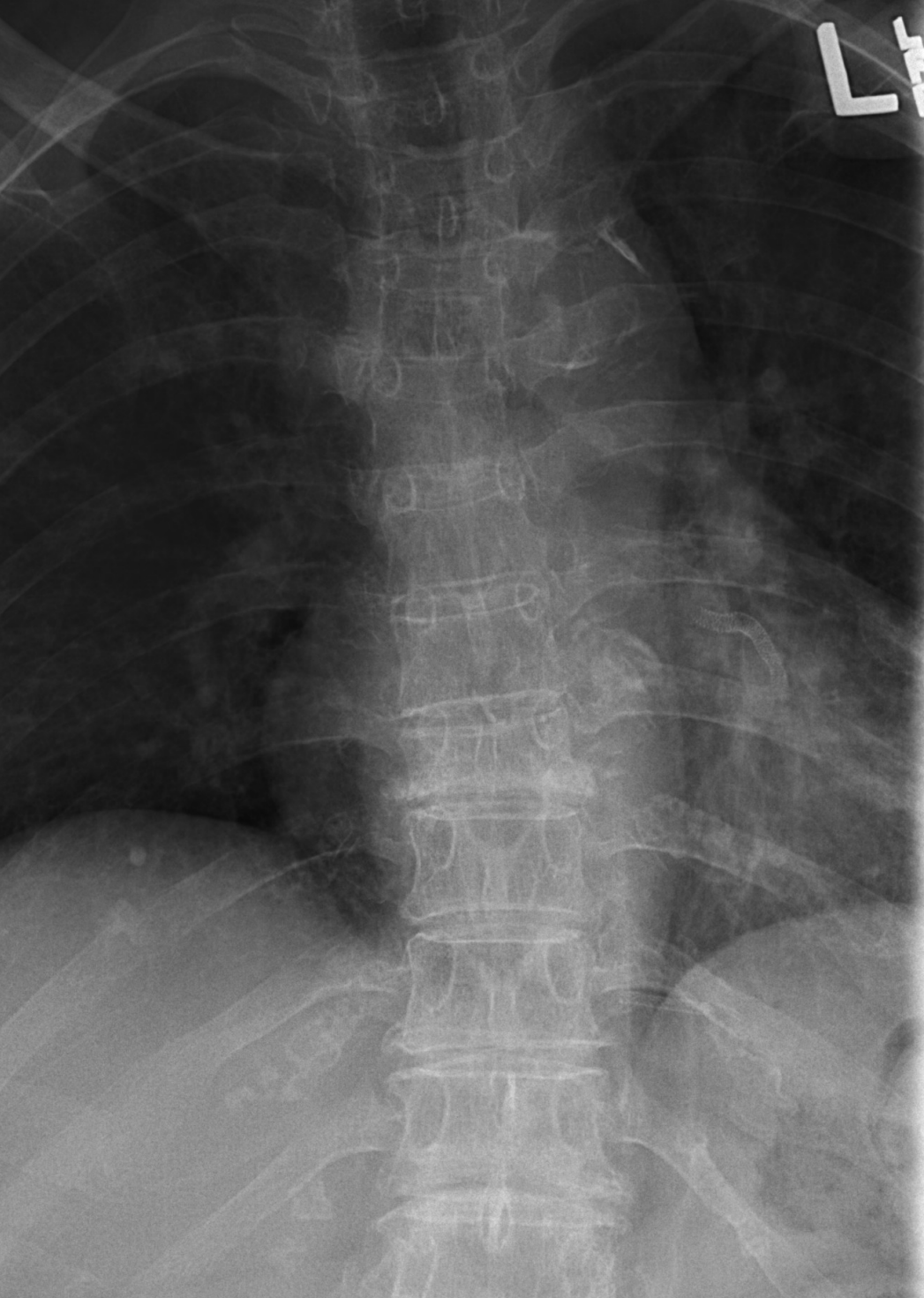
History: Acute shortness of breath

- Explain any abnormal lucency
- Why is there shift of the mediastinum?



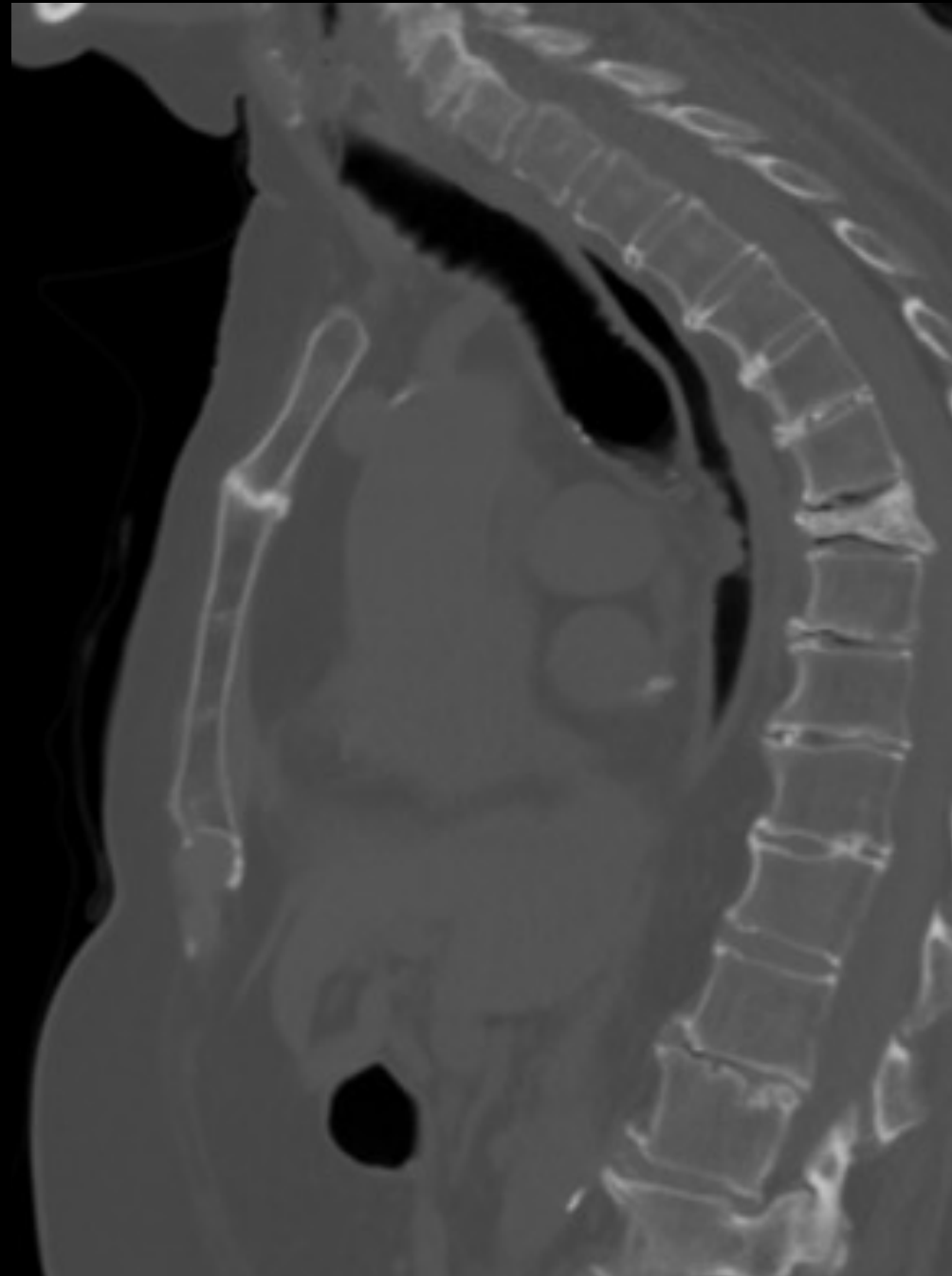
What was the diagnosis?

W/ left-sided pneumothorax & right-sided pleural effusion



•What is the abnormality?

# • Companion cases



- What imaging modality is this?

Identifier 1:	
Identifier 2:	
Postal Code:	
Sex:	Female
Ethnicity:	White
Height:	60.0 in
Weight:	110.0 lb
DOB:	06/06/1952
Age:	62
Menopause Age:	62
Referring Physician:	PARENT MD, JENNIFER

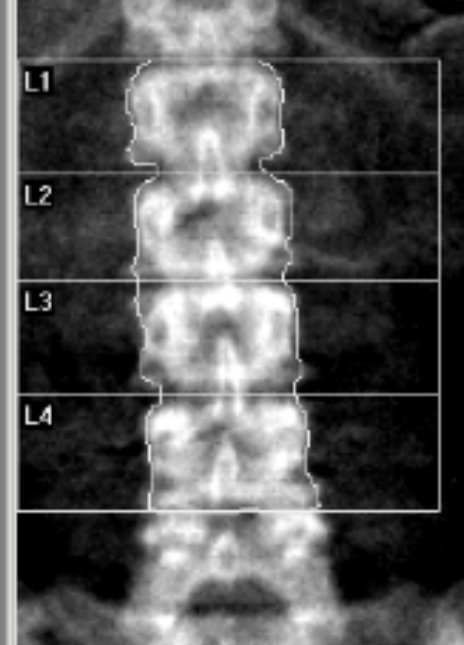
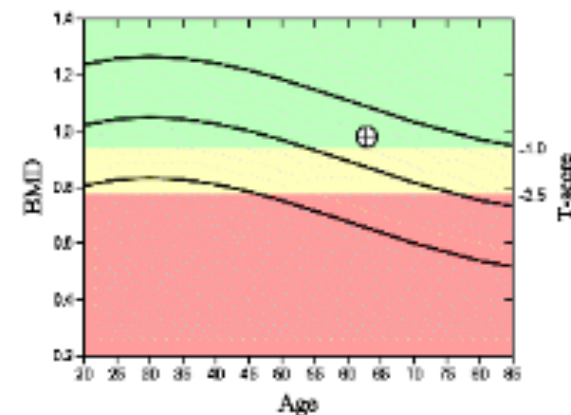


Image not for diagnostic use

116 x 124

k = 1.150, 00 = 47.0



T-scores vs. White Female; Z-scores vs. White Female. Source: BMDCS/Hologic

#### Scan Information

Scan Date:	May 22, 2015 - A05221509
Scan Type:	x Lumbar Spine
Analysis Date:	05/22/2015 09:33
Analysis Protocol:	Spine
Report Date:	05/22/2015 09:33
Institution:	BWH/MGH Healthcare Center
Operator:	POC
Model:	Discovery A (S/N84040)
Comment:	
Software version:	13.3

#### Results Summary:

Region	Area[cm <sup>2</sup> ]	BMC[(g)]	BMD[g/cm <sup>3</sup> ]	T-score	PR (Peak Reference)	Z-score	AM (Age Matched)
L1	12.36	10.94	0.885	-1.0	89	0.5	106
L2	12.14	11.80	0.972	-0.5	95	1.1	114
L3	13.25	13.85	1.045	-0.4	96	1.3	116
L4	14.40	14.43	1.002	-0.5	94	1.2	115
<b>Total</b>	<b>52.15</b>	<b>51.03</b>	<b>0.978</b>	<b>-0.6</b>	<b>93</b>	<b>1.0</b>	<b>113</b>

Total BMD CV 1.0%, ACF = 1.035, BCF = 1.021, TH = 5.837

Fracture Risk: Not Increased, WHO Classification: Normal

Comment:

Referring Physician:	
Postal Code:	
Sex:	Female
Ethnicity:	White
Height:	60.0 in
Weight:	110.0 lb
DOB:	06/06/1952
Age:	62
Menopause Age:	62
Referring Physician:	PARENT MD, JENNIFER

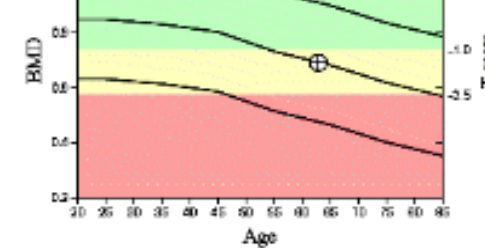
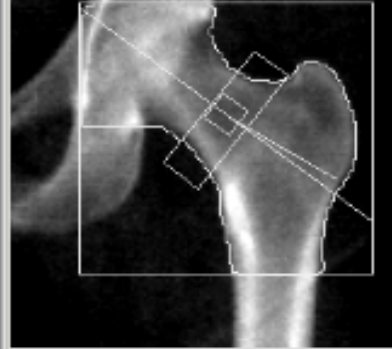


Image not for diagnostic use  
 95 x 92  
 BLOCK: 48 x 15  
 k = 1.130, 60 = 49.9

T-score vs. White Female, Z-score vs. White Female. Source: BMD CS/THANES

#### Scan Information

Scan Date:	May 22, 2015 - A0522150A
Scan Type:	x Left Hip
Analysis Date:	05/22/2015 09:32
Analysis Protocol:	Hip
Report Date:	05/22/2015 09:33
Institution:	BWH/MGH Healthcare Center
Operator:	POC
Model:	Discovery A (S/N84040)
Comment:	
Software version:	13.3

#### Results Summary:

Region	Area[cm <sup>2</sup> ]	BMC[g]	BMD[g/cm <sup>2</sup> ]	T-score	PR (Peak Reference)	Z-score	AM (Age Matched)
Neck	4.87	3.37	0.692	-1.4	81	0.0	100
Total	28.18	26.33	0.934	-0.1	99	1.0	116

Total BMD CV 1.0%, ACF = 1.035, BCF = 1.021, TH = 5.137

WHO Classification: Osteopenia

FRAX® WHO Fracture Risk Assessment Tool	
10-year Fracture Risk <sup>1</sup>	
Major Osteoporotic Fracture	7.6%
Hip Fracture	0.7%
Reported Risk Factors: US (Caucasian), Neck BMD=0.692, BMI=21.5	

<sup>1</sup> FRAX® Version 3.01. Fracture probability calculated for an untreated patient. Fracture probability may be lower if the patient has received treatment.

**HOLOGIC®**

Can osteoporosis be diagnosed clinically?

What are the WHO criteria for the classifications of normal, osteopenia, and osteoporosis?