



## **PREPARATION FOR SURGERY**

### **MAGNESIUM CITRATE**

MR#: \_\_\_\_\_ Date of surgery: \_\_\_\_\_ Surgeon: \_\_\_\_\_

Location: \_\_\_\_\_ Brigham and Women's \_\_\_\_\_ Faulkner Hospital \_\_\_\_\_ Foxboro

**Medications:** Consult your doctor about your medication use prior to your surgery, including aspirin.

#### **DAY BEFORE SURGERY**

**On the entire day prior to your surgery**, you may have clear liquids only. This includes only water, apple juice, ginger ale, black tea, black coffee, bouillon, broth, gelatin (Jell-O, not red) and popsicles (not red). **At noon, drink one bottle of Magnesium Citrate.**

**You should have nothing to eat or drink after 12 midnight the evening prior to your surgery. The only exception may be your medications. Please check with your doctor. You may be instructed to take some or all of your medications with a sip of water the morning of surgery.**

#### **DAY OF SURGERY**

Take one (1) fleet enema one hour before leaving for the hospital.

**If you have any questions regarding these instructions, please call Dr. Bleday, Dr. Breen, Dr. Goldberg or Dr. Irani's office at (617) 732-8460.**