

Frequently asked questions

- Q. Is the injection painful?
- A. Although there is a needle, patients state that the needle is surprisingly painless, as the needle is extremely small.
- Q. How often can I inject?
- A. You must wait 24 hours between injections. Men generally inject about 2 times per week. Also, **you must switch between injecting the right and left side.**
- Q. How effective are the injections?
- A. Over 90% of patients have had erections sufficient for intercourse while using the injections.
- Q. How long does the injection take to work?
- A. The injection usually takes 10-20 minutes and in some cases 30 minutes to form an erection.
- Q. How long will my erection last?
- A. Anywhere from 20 minutes to 1 hour.
- Q. Can I achieve an orgasm?
- A. The injection will have no effect on your ability to have an orgasm.
- Q. What if it injected in the wrong place?
- A. If injected in the wrong place, a bruise may form, along with swelling. Also, an erection will not form. **Do not inject on the top or underneath the shaft. Wait 24 hours until the next time you inject.**
- Q. Should I stand or sit while doing the injection?
- A. It is up to you whether you prefer to stand to inject or sit to inject. If you stand to inject, make sure to massage the medicine along shaft for 30-60 seconds immediately after injecting.
- Q. Can I take other medications for erectile dysfunction when giving injections?
- A. **Do not take any medications for ED such as Viagra or Cialis within 24 hours of injection.**

Locations

Brigham and Women's Hospital
45 Francis Street, ASB II-3
Boston, MA 02115

Brigham and Women's Faulkner Hospital
1153 Centre Street
Jamaica Plain, MA 02130

Brigham and Women's/Mass General
Health Care Center at Foxborough
20 Patriot Place
Foxborough, MA 02035

Contact information

Urology Clinic:
(617) 732-6325
Monday–Friday, 8 a.m.–5 p.m.

After Hours Emergencies:
(617) 732-6660
Ask for urology resident on-call to be paged

brighamandwomens.org/urology

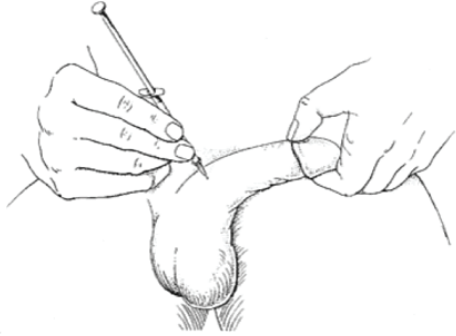


Penile Injections

For Erectile Dysfunction

Why penile injections?

Penile Injection is used to treat the cause of Erectile Dysfunction. It is a process where medication is injected into the skin to form an erection. The medication should work within 5 to 20 minutes, and should last 1 hour.



Supplies Needed

- 1 medication vial
- 1 syringe (one-time use only)
- 2 alcohol wipes
- Sharps container. You can use an empty detergent or bleach bottle with a cap, or a metal coffee can with a plastic top.

Precautions

Do not use this medication if:

- You have an allergy to any ingredient in this medication.
- You have a predisposition to priapism (an erection lasting more than 4 hours), sickle cell anemia, multiple myeloma, or leukemia.
- You have penile implants or a penile deformation.
- Your doctor has advised you to not engage in sexual activity.
- You have taken any other medication or injection for erectile dysfunction within 24 hours.

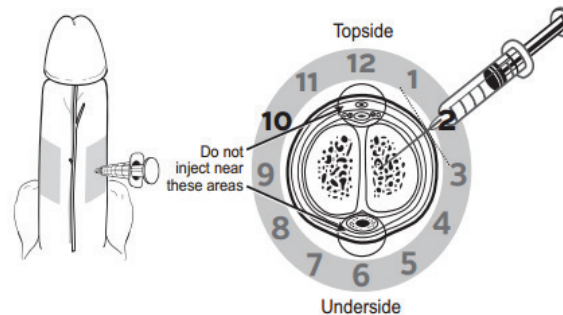
Directions for use

Preparing for injection

1. Check the expiration date of the medication.
2. Clean the top of the vial with an alcohol wipe.
3. Take off the needle cover. Make sure the needle does not touch anything before injection.
4. Draw an equal amount of air to the amount of medication. Push the needle through the stopper. Push the air into the bottle.
5. Flip the bottle upside down. Draw the medication into the syringe. Remove excess air bubbles by tapping the syringe with your finger.
6. With the needle still inside the medication vial, move in and out multiple times and tapping the syringe to remove all air bubbles.
7. Fully remove the needle with the syringe full of medication and place in an easy to reach location.

Administering the injection

1. Use injection site as illustrated below. The area in the first half of the penis area closest to the base. **AVOID VISIBLE BLOOD VESSELS.**



2. Find the injection site and clean it with an alcohol wipe. Grip the head of the penis. Hold the penis on the side of your thigh.
3. Hold the syringe between the thumb and middle finger. Inject the needle at the injection site at a 90-degree angle.
4. Push the medication in for 8-10 seconds until all the medication is gone.

5. Take out the needle and apply pressure for 2 minutes. Keep upright for 10-15 minutes.
6. Place the syringe in a container to be disposed.

Remember to alternate the side of the penis and vary the injection site each time you inject. Do not inject on top or underneath.

Storage directions

Store medication in the refrigerator. You may also store in the freezer to make the medication last longer. If stored in the freezer, remove and let thaw out before use. If left out for more than 3 days, discard.

Symptoms

These symptoms are **normal** after your injection:

- Penile pain
- Headache
- Dizziness
- Injection site bruising

These symptoms are **abnormal** after your injection and require immediate attention:

- If you experience an erection lasting **more than 2 hours**, take a 30mg pseudoephedrine (Sudafed) by mouth and apply ice to the area.
- If the erection **does not go away within the next hour** after taking pseudoephedrine (Sudafed), contact your doctor or go to the emergency room immediately.
- If you are experiencing **lumps, swelling, tenderness, or curving of the penis**, contact your doctor.

Contact Urology Clinic

Monday-Friday 8 a.m.-5 p.m. (617) 732-6325

After Hours: (617) 732-6660 and ask the urology resident on-call to be paged