

Brigham and Women's Hospital
Department of Rehabilitation Services
Women's Health Physical Therapy Residency

Vision Statement:

Brigham and Women's Hospital Women's Health Physical Therapy Residency program produces distinguished clinical leaders who optimize the quality of life of their patients through exceptional and compassionate patient care, life long learning and active professional development in women's health physical therapy.

Mission Statement:

The mission of the BWH Department of Rehabilitation Services Women's Health Physical Therapy Residency Program is to provide the practicing physical therapist a unique opportunity to experience and participate in focused education, observation, patient care, and research with a women's health clinical specialist mentor.

Program objectives for the physical therapist resident:

- The program will provide a comprehensive curriculum that includes didactic coursework and clinical practice skills that are consistent with the Women's Health Physical Therapy Description of Specialty Practice.
- Attain, integrate and utilize advanced clinical knowledge and skills in the management of women's health patients
- Apply and critique the latest evidence based practice to promote high quality clinical decision-making and patient centered care in the field of women's health physical therapy
- Participate in clinical research in the area of women's health physical therapy
- Be a clinical resource for staff, patients and other health professionals
- Create educational opportunities for staff and the community.
- Promote the role of physical therapy in the management of various women's health conditions with mentored clinical experiences, including but not limited to: male/female urinary and fecal incontinence and constipation, male/female pelvic pain, inpatient ante/postpartum care, outpatient ante/postpartum care, osteoporosis, and lymphedema
- Apply for the ABPTS board-certified clinical specialization in women's health physical therapy
- The program will lead to competence in clinical decision-making and management of the populations commonly seen in the field of women's health physical therapy.
- The program's faculty will support the resident's activities by providing mentoring in the areas of professionalism, leadership, teaching and research.

Candidates for the Women's Health Resident Physical Therapist position must be able to meet the requirements outlined in the Resident Physical Therapist, Women's Health Job Description. See copy of job description.

The Resident Physical Therapy position is a 12 month full time paid position in the Department of Rehabilitation Services at Brigham and Women's Hospital. The resident's work schedule will be determined on arrival, but is a full-time 40 hours/week position.

Hospital employees are eligible for the following benefits:

- Paid Time-Off Program
- Health, Dental and Vision Insurance
- Long-term disability Tax Sheltered Annuities
- Flexible Spending Accounts Life insurance
- Retiree Medical Savings Account Long-term Care Insurance Plan
- Tuition Reimbursement Wellness Plan
- Child Care Employee Assistance Program
- Professional Liability Coverage

This residency program begins the first Wednesday of September each year.

Co-Coordinator of the Women's Health Residency:

Meghan Markowski PT, DPT, WCS Clinical Specialist

Rebecca Stephenson PT, DPT, MS, WCS Coordinator of Women's Health Physical Therapy